

**2021 USATF Pacific Northwest Association  
Outdoor Track & Field Championships  
Combined Events + Steeplechase + Hammer + Race Walk  
June 13  
West Seattle Stadium, Seattle**



<b>Sunday Combined Events – June 13</b>			
9:15am	Pentathlon	13-14B	100H SP HJ LJ 1500
9:45am	Pentathlon	13-14G	100H SP HJ LJ 800
10:15am	Pentathlon	11-12B	80H SP HJ LJ 1500
10:45am	Pentathlon	11-12G	80H SP HJ LJ 800
12:15pm	Triathlon	09-10B	SP HJ 400
12:45pm	Triathlon	09-10G	SP HJ 200
<b>Sunday Track Events – June 13</b>			
11:30am	2000 M Steeplechase	Timed Finals	15-16G/17-18G
12:00pm	2000 M Steeplechase	Timed Finals	15-16B/17-18B
1:30pm	1500 M Race Walk	Timed Finals	9-10G/9-10B/11-12G/11-12B
1:30pm	3000 M Race Walk	Timed Finals	3-14G/13-14B/15-16G/15-16B/17-18G/17-18B
<b>Sunday Field Events – June 13</b>			
11:00pm	Hammer	15-16G	
11:00pm	Hammer	17-18G	
11:00pm	Hammer	15-16B	
11:00pm	Hammer	17-18B	
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