



updated: 11/5 - 1:45pm

2021 USATF Pacific Northwest Association Junior Olympic Cross Country Championship

Sunday, November 14th, 2021

Chambers Creek Regional Park, University Place, WA

Registration deadline: Tuesday, November 9th, 10pm

SCHEDULE & AGE DIVISIONS:

Age Division	Distance	Time	The course is available for preview Saturday, Nov 13 th 2pm to dusk. This is a grassy course with some rolling hills. Spikes are strongly recommended. Questions: PNAmeeetdirector@gmail.com
Ages 8 & Under (born 2013+)	2 km	Girls - 9:30 Boys - 10:00	
Ages 9-10 (born 2011-2012)	3 km	Girls 6 10:30 Boys 6 11:00	
Ages 11-12 (born 2009-2010)	3 km	Girls 6 11:30 Boys 6 12:00	
Ages 13-14 (born 200762008)	4 km	Girls 6 12:30 Boys 6 1:00	
Ages 15-18 (born 200362006)	5 km	Girls 6 1:30 Boys 6 2:10	

HOW TO REGISTER: Online registration at athletic.net only. Cost: \$10 per athlete.

Deadline: Tuesday, November 9th at 10:00pm. No day-of registration.

ELIGIBILITY REQUIREMENTS: A current USATF membership (www.usatf.org/membership) and proof of age must be submitted via USATF Connect, and age verified, prior to meet registration. Documents accepted as proof of age: birth certificate, passport, driver's license/permit. *Please allow enough time for age verification.*

TEAMS: Only 2021 registered USATF clubs may enter a team. All athletes representing the team must be affiliated with that team as part of their USATF membership. *Team uniform:* each competitor on an entered team must have a jersey or singlet that is basically identical in color and style to those worn his/her teammates and be visible during competition. *Team scoring:* A team consists of 5 to 8 athletes. Top 5 finishers among the declared runners will score.

15-18 AGE GROUP: Athletes competing in the 15-18 age group will be individually placed within their respective age group (15-16 or 17-18), but may run together as a team.

PARKING is available at the Event Lawn gravel parking lot. Follow the signs when you arrive. No RV parking available. No overnight parking available. ADA parking is available in the West Overflow Lot.

TEAM TENTS will set up between Perimeter Road and the fence line west of the Event Lawn, overlooking the Puget Sound. This park can get windy so tents should be secured with weights instead of stakes as the ground is hard-packed.

COVID PROTOCOL: Masks will be required. Masks are not required while athletes warm up, race and cool down.

COMPETITION BIB NUMBERS: Must be worn during competition on the front. Timing chips will be attached to the bib numbers. Be careful not to crumple the timing chip. Bibs will be available for pickup at the large white tent on race day starting at 7:30am. Teams need to designate one person to pick up the team packet.

STARTING BOXES will be assigned randomly and will vary in each race. Box assignments will be in the team packets as well as posted onsite. In the event of any changes, athletes are to follow any directions given by the clerk.

RESULTS: Will be posted outside the event tent, at live.pntfo.com and at athletic.net. Corrections/protests must be made within 30 minutes of results being posted. If you question the outcome of results, please go to the main white tent with your head coach.

AWARDS: Medals will be awarded to the top 30 individuals once results have been posted for 30 minutes without changes/protests.

FOOD TRUCKS and **MEET MERCHANDISE** will be set up in the west overflow parking lot.

PARKING MAP

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COURSE MAP

