

Minutes of the Pacific Northwest Track & Field / USATF Pacific Northwest Assoc. Annual Meeting held September 21, 2025

President Ron Atkins called the meeting to order at 1:00 p.m. at WIAA Headquarters, 435 Main Avenue S., Renton, WA. The following were present:

PRES	Ron Atkins	YTH	Holly Genest	OTC	Bob Springer	A-L	Carole Langenbach
VP	Ivars Ikstrums	OPEN	Tony Monroe	ATH	Trisha Steidl	A-L	Patti Petesch
SEC	Paul Kiehn	MAST	George Mathews	ATH		A-L	Ed Viering
TRES	Melita Aquino	COAC		ATH		A-L	Jim Ryan
IPP	Kenny Emerick	OFF	Geof Newing	ATH		A-L	
Other Assoc. Attendees	Paula Everdell		Johnnie Williams		Bob Langenbach		Suzanne Kiehn
	Vika Severa		Pat Kenworthy		Darryl Genest		Fredrik Jurstrand
	Nathan VanRheenen Sr		Emma D VanRheenen		Emma L VanRheenen		Nathan VanRheenen Jr
	Quincy VanRheenen		McArthur VanRheenen		Xavier VanRheenen		Susan Neff
	Sue Hoppe		Terri Kelts		Sara Campbell		Jim Neff
	Mike Brisbois		Ian Young		Becca Peter		

I. MINUTES AND EXECUTIVE REPORTS

- A. Welcome and Introductions, President Ron Atkins welcomed the attendees and led introductions around the room.
- B. Secretary's Report, Paul Kiehn: Noted that there was a quorum present with 38 attendees including 33 eligible to vote in the elections. Special welcome to our youth athletes & guests who were in attendance. The minutes for the 2024 PNTF Annual meeting were sent out & all comments have been incorporated. Motion was made to accept the minutes; last year's minutes were accepted.
- C. Treasurer's Report, Melita Aquino was not present in time for her report, but had emailed the information ahead of the meeting, so it was summarized by Carole Langenbach: The Association's Finances are in good shape. Attachment 1 reflects the status as of Sept. 2025 with Sept 2024 also shown to provide a year-over-year comparison. Motion was made to accept the report, the report was accepted.
- D. Membership Report, Tracy Pleiman was not present, but had emailed her report ahead of the meeting which was summarized by Carole Langenbach; please see attachment 2 for the numbers & year-over-year comparison.
- E. Sanctions / Office Manager's Report: Carole Langenbach. Reported 169 sanctions so far in 2025, and should be close to 200 by year end. Noted that sanctions (along with memberships) are a major source of income for our Association.
- F. Vice President's Report: Ivars Ikstrums. Highlighted the level of effort and number of folks that are required to organize and successfully conduct track & field meets. PNTF does a great job of helping to provide officials & volunteers to support Regional meets, even when hosted by other Associations, for example the Regional J.O. meet held in Spokane this past summer. Pointed out that it will be our turn to host the Regional J.O. meet in 2026.
- G. President's Report: Ron Atkins, State of our Association: Noted that PNTF really stepped up in 2025 to support Youth, Open, and Masters meets with our officials, coaches, & volunteers. PNTF has been well represented by our athletes at elite level meets this past season, and had many outstanding performances during the past year at National & International level meets. Mentioned that the 2028 Olympics will be held in Los Angeles.

II. COMMITTEE REPORTS

- A. **Youth:** Holly Genest.
 1. The Youth 2025 Association J.O. T&F meet had 1200 participants this past year, vs. 1500 in 2024.
 2. Regionals in Spokane had 1400 this past summer vs. 1600 in 2024 (Oregon).
 3. National J.O.'s were held in Savannah Georgia, with > 7000 participants. PNTF had 159 athletes participate, with 79 All-American performances along with 13 first place finishes. Kim Beard broke the National record for women's 17-18 hammer throw. **Link to PNTF athlete results:** <https://pacificnorthwest.usatf.org/jotf25recap>
 4. 2026 J.O. Assoc. meet will be June 26-28 at Mt. Tahoma HS. The Assoc. JO Combined Events/Hammer/Steeple/Race-walk will be Sunday, June 7th, 2026, at West Seattle Stadium. PNTF will also host Regionals next year which will also be competed at Mt. Tahoma H.S. July 8-12. J.O. Nationals will be July 27 - Aug 2, location TBD.
 5. National U20s will be Jun 16-18 @ Hayward Field in Eugene, OR. World U20s will be Aug 4-9, also in Eugene.
 6. PNTF J.O. XC meet will be Nov 15 at Magnuson Park, and the Regional XC meet will be Nov. 22nd in Oregon.
 7. UW hosted "Mile City" meet, which included Youth participants, and Spokane hosted 4 Indoor HS meets this past year. UW may bring back their HS indoor meet in 2026.

- B. **Open:** Tony Monroe. There's a continuing challenge with getting Open athletes to compete at our PNTF championship meets, although we have over 400 Open athletes within PNTF. Open committee did help support 2 athletes (Katie Burnett & Janelle Stark) with travel stipends so they could compete in major championships this year.
- C. **MUT:** Trisha Steidl. Successful PNTF Youth/Open/Masters championships at Cougar Mountain, with more youth participants this year vs. 2024. World trail championships are next weekend, & the 15 mile championships will be held in the beginning of November, with 3 PNTF athletes competing. Janelle Stark will compete in the 24 hour championships, & Courtney Olsen is planning on competing in the 50k championships in India in December.
- D. **Masters:** George Mathews. PNTF Association & Regional Masters championships were held at West Seattle Stadium, with 140 athletes competing, which included participation from outside PNTF footprint (e.g., Oregon & Canada). Working on the schedule for 2026 meets to de-conflict with other summer meets; and also considering having a 2nd meet in either June or August if we can successfully de-conflict. Would generally like to increase Masters competition opportunities, especially during the indoor season, potentially at the Podium in Spokane. Noted that the Masters 2026 outdoor Nat. championships will be in Reno NV, Jul 23-26,
Link to PNTF results from the 2025 Masters National Championships:
<https://pacificnorthwest.usatf.org/news/2025/pacific-northwesterners-win-six-titles-at-usatf-ma>
- E. **Race Walk:** Katie Burnett. Not present / No report. Carole Langenbach noted that Katie was in Japan competing in the 35k road race at Worlds and finished in 32nd place, and had a very successful year of competition.
- F. **Athletes:** Ron Atkins opened the floor for comments from any of the athletes in attendance. No comments.
- G. **Para-Althletics:** Carol Coram. Not present / No report. Becca Peter mentioned that the Para Nat. Championships were held alongside the USATF Open championships in Eugene OR. Also noted that the Governance manual for Para is currently being updated & anyone can provide inputs. Holly noted that Para-athletes competed at J.O.'s this year.
- H. **Coaches:** Kevin Jackson. Not present / No report. Holly mentioned that the Level 1 class is now a self-paced online course. *Note: after our BOD meeting, we found out that there are now 3 Level 2 courses available: Jumps, Endurance and Sprints/Hurdles/Relays.*
- I. **Officials:** Geof Newing. PNTFO supported about 65 meets so far at all levels & is now working the fall XC season. PNTFO is a non-profit & fees go back into equipment purchases; for example we have \$100k worth of timing cameras and \$65k of new robotic laser measurement systems, also have recently purchased new Hi-def scoreboards. We have maintained our level of service with state of the art equipment, and can provide a high quality meet experience for our athletes at all levels of competition. Emphasized the amount of work that goes into conducting a successful meet, and thanked our officials with special recognition to folks that help with venue setup & tear down.
- J. **Officials Training & Certification:** Bob Springer. We currently have 77 fully certified officials within PNTF, with an additional 6 who need to complete their National/Master review. Have started planning for new apprentice official 2026 training clinics in the Feb-Mar timeframe, tentatively will have 3-4 clinics, with one planned at Rainier Beach HS & one likely in Dupont. Need to establish a schedule around UW Dempsey indoor meets, firm clinic dates & more details to follow. Noted that at the Annual meeting last year, he was able to push through a proposal to allow local Association certification for EDM/EDR operators. Bob also noted that he will be able to register officials as para certified, but is waiting for guidelines.
- K. **SafeSport:** Kenny Emerick had no new information from National, therefore nothing new to report, however it was noted that athletes over 18 years old still participating in Youth clubs now need to have SafeSport certification.
- L. **Communications:** Teo Smith. Not present / No report.
- M. **Associations Admin:** Patti Petesch.
 1. USATF National office staffing is in transition. Expect that future annual meetings will alternate between Hybrid approach & traditional in-person meetings, with future annual meetings expected to be in Indianapolis.
 2. 2025 USATF Annual meeting will be Dec. 5-6 in Orlando, FL, with in-person & virtual attendance options.
* **USATF website Annual Mtg. info link:** <https://www.usatf.org/events/2025/2025-usatf-annual-meeting>

III. Business

- A. **At-Large and Athlete Board positions.** Paul Kiehn / Ivars Ikstrums. These Board positions have a term that runs for 1 year between November Board meetings. The Secretary will facilitate a selection panel consisting of the President, Secretary and Treasurer plus the Youth Committee Chair to determine the At-Large positions for the next term, considering current serving members + new candidates. For Athlete reps, the Vice-President will facilitate a panel consisting of the VP plus the Open, Masters, Coaches and Officials Committee Chairs. USATF/PNTF members 18 & older are eligible. Contact Paul or Ivars if you are interested in serving on the BOD in one of these positions.
- B. **USATF Annual Meeting Delegates.** This year will be a hybrid of in-person & virtual attendance. It will be a 2 day meeting Dec. 5-6 in Orlando FL. Patti Petesch asked that PNTF members contact her if they are interested in being a member of our delegation, either as an in-person or virtual attendee. More information will follow.
- C. **Awards banquet.** Carole Langenbach reported that this year's event @ Daybreak Star Cultural Center was well received; Melita noted we were able to reduce the cost of the event compared to prior years by half. Tentative schedule is sometime in February, however need to de-conflict with major indoor meets. More details will follow.
- D. **Membership general comments.** Ron Atkins opened floor for comments / questions from members. No comments.

- E. **Election of Officers.** Ivars Ikstrums. Ivars explained the election procedure per our PNTF By-laws & Roberts Rules of Order. He proposed that with 3 candidates for President, in the event that a candidate doesn't receive >50% of the eligible votes on the 1st ballot, we should eliminate the candidate with the fewest votes on the 1st ballot, and proceed to a 2nd ballot with the 2 top vote getters. Motion was made and seconded, and that proposal passed.
1. Nominating Committee announced 3 candidates for President: Ron Atkins, Tony Monroe, and Ed Viering. Melita Aquino ran unopposed for another term as Treasurer. Presentations of qualifications for the 3 candidates for President were made.
 2. Melita Aquino re-elected as Treasurer by voice vote; Ed Viering elected as President with a majority on 1st ballot.
 3. The officers for the next year are:
 - i. President – Ed Viering (2 years left)
 - ii. Vice President – Ivars Ikstrums (1 year left)
 - iii. Treasurer – Melita Aquino (2 years left)
 - iv. Secretary – Paul Kiehn (1 year left)

Meeting adjourned at 2:47 p.m. The next PNTF Board meeting will be virtual via Zoom, scheduled for Mon., Nov. 17, 2025 @ 7:00 pm. An email reminder & login information will be sent prior & will also be posted on our PNTF website.

Respectfully submitted,
 Paul Kiehn,
 Secretary, USATF Pacific Northwest Association

Attachments:

Attachment 1 - Treasurer Summary

PNW TF Treasurer Summary – Annual 2025		1/1/25 Starting balance	2025 Transactions	Balance as of 9/19/25
Description	Summary Amount			
Checking balance as of 01/01/2025	\$21,359.98	Youth: (\$1,505.00)	\$1,505.00	\$0.00
Total credits	\$60,451.23	Open: \$9,666.38	(\$4,917.39)	\$4,748.99
Total debits	(\$30,175.24)	Masters: \$15,361.55	(\$2,465.19)	\$12,896.36
Checking Ending balance as of 9/19/25:	\$51,635.97	Officials T&C: \$7,201.82	(\$1,623.89)	\$5,577.93
Savings Ending balance as of 9/19/25:	\$100,201.74	Membership 25 (11/24-10/25): \$0.00	\$48,704.74	\$48,704.74
TOTAL BANK BALANCE:	\$151,837.71	Membership 24 (11/23-10/24): \$1,848.00	(\$1,848.00)	\$0.00
		Sum: \$32,572.75	\$39,355.27	\$71,928.02
Checks written not cashed:	-\$4,500.00	* Membership 24 has outstanding 2024 distributions to Membership Chair and PNA		
Mastercard outstanding charges:	-\$350.07			
Cash Balance:	\$146,987.64			
General Fund Total*	\$75,059.62			
GFT* calculation: Cash Balance less Committee Balances				

PNW TF Treasurer Summary – September 2024 Annual Meeting		1/1/24 Starting balance	2024 Transactions	Balance as of 9/14/24
Description	Summary Amount			
Checking balance as of 01/01/2024	\$12,396.35	Youth: \$0.00	\$0.00	\$0.00
Total credits	\$83,190.93	Open: \$10,341.35	(\$3,069.07)	\$7,272.28
Total debits	(\$42,768.89)	Masters: \$17,987.87	(\$6,443.27)	\$11,544.60
Checking Ending balance as of 9/14/24:	\$52,818.39	Officials T&C: \$5,652.67	(\$307.85)	\$5,344.82
Savings Ending balance as of 9/14/24:	\$100,161.75	Membership 23(11/22-10/23): \$3,861.00	(\$3,861.00)	\$0.00
TOTAL BANK BALANCE:	\$152,980.14	Membership 24(11/23-10/24): \$0.00	\$45,861.50	\$45,861.50
		Sum: \$37,842.89	\$32,180.31	\$70,023.20
Checks written not cashed:	-\$5,735.00	Sept. 2024 for YoY comparison		
Mastercard outstanding charges:	\$496.79			
Cash Balance:	\$158,218.35			
General Fund Total*	\$88,195.15			
GFT* calculation: Cash Balance less Committee Balances				

Attachment 2 - Membership Report

<u>Sept 2025 (current):</u>	<u>Sept 2024 (YoY Comparison)</u>
Youth - 2416	Youth - 2232
Open - 406	Open - 668
Masters - 1011	Masters - 788
Clubs - 84	Clubs - 83