

**Minutes of the Pacific Northwest Track & Field / USATF Pacific Northwest Assoc. Annual Meeting
held September 22, 2024**

President Ron Atkins called the meeting to order at 1:05 p.m. at WIAA Headquarters, 435 Main Avenue S., Renton, WA. The following were present:

PRES	Ron Atkins	YTH	Holly Genest	OTC	Bob Springer	A-L	Carole Langenbach
VP		OPEN	Tony Monroe	ATH		A-L	Patti Petesch
SEC	Paul Kiehn	MAST	George Mathews	ATH		A-L	Ed Viering
TRES		COAC	Kevin Jackson	ATH		A-L	Jim Ryan
IPP		OFF	Geof Newing	ATH		A-L	Paula Everdell
Other Assoc. Attendees	Darwin Peters Vika Severa John Patterson Cynthia Mcduffie-Wright Ivars Ikstrums		Shartrice Peters Tracy Pleiman Darwin Peters III Pat Kenworthy Teo Smith		Bob Langenbach Darryl Genest Emma Love VanRheenen Mike Johnson		Suzanne Kiehn Fredrick Jurstad Emma D VanRheenen Johnnie Williams

I. MINUTES AND EXECUTIVE REPORTS

- A. Welcome and Introductions, President Ron Atkins welcomed the attendees and led introductions around the room.
- B. Secretary's Report, Paul Kiehn: Noted that there was a quorum present with 31 attendees and 29 eligible to vote in the elections. Special welcome to our 2 youth athletes in attendance, Emma Love VanRheenen & Darwin Peters III. The minutes for the 2023 Annual meeting were emailed out in October 2023 & all comments have been incorporated. Motion was made to accept the minutes, and last year's minutes were accepted.
- C. Treasurer's Report, Melita Aquino not present, emailed her report which was summarized by Carole Langenbach: The Association's Finances are in good shape. Attachment 1 reflects the status as of Sept. 2024 with Sept 2023 also shown to provide year-over-year comparison. Motion was made to accept the report, and the report was accepted.
- D. Membership Report, Tracy Pleiman: Noted that PNTF membership fees will remain the same in 2025. Current membership stands at: Youth 2232; Open 668; Masters 788; Clubs 84 with several club applications pending.
- E. Sanctions / Office Manager's Report: Carole Langenbach. Reported that we have 196 sanctions so far in 2024, compared to 173 at same time last year. Noted that the reason meets apply for a USATF sanction is the benefit of liability insurance protection, which exceeds all city / county requirements.
- F. Vice President's Report: Carol Coram not present. No report.
- G. President's Report: Ron Atkins. State of our Association: Noted that PNTF has done an excellent job in 2024 supporting Youth, Open, and Masters meets with our officials, coaches, & volunteers - noticeably better than some other meets he's attended outside our Association footprint. PNTF has been well represented by our athletes at elite level meets this past season, and had many outstanding performances during the past year at National & International level meets, including this past summer's Olympics in Paris. Always looking to increase participation, and in particular noted increasing opportunities for athletes to compete after collegiate careers, and/or to help as PNTF officials & coaches.

II. COMMITTEE REPORTS

- A. **Youth:** Holly Genest.
 1. The Youth 2023 XC Assoc. meet @ Magnuson Park had 700+ participants, 2023 Regionals had 654, and Nationals had > 3000. 203 PNTF athletes competed @ Nationals, with 21 All-American performances, and 1 National Champion: Martina Rodriguez-Villen from Rain City Flyers.
 2. 2024 Youth Association XC meet will be Nov. 16th @ Magnuson Park; XC Regionals will be Nov. 23rd @ Chambers Creek Park; with Nationals @ the Shelbyville Blue River XC course in Indiana on Dec. 14th.
 3. Had >1400 athletes at our PNTF Association Youth T&F meet @ Mt. Tahoma H.S. and the meet ran very smoothly thanks to great support from our officials, coaches, & volunteers. There was >1600 athletes @ Regionals at Mt. Hood CC in Oregon, which didn't go as well as our PNTF meet. Weather was hot & the meet was short of officials & volunteers. National J.O.'s were held @ Texas A&M, with > 7500 participants in wet conditions. PNTF athletes had 59 All-American performances along with 7 first place finishes. **Link to PNTF athlete results:** <https://pacificnorthwest.usatf.org/nationaljuniorolympics24#results>
 4. Some J.O. meet details for 2025 are still being worked out; our normal Assoc. schedule would be June 19-21, however that conflicts with Nike Nationals & U20s, moving our Assoc. J.O. meet out 1 week is being considered. Inland NW Assoc. will host Regionals July 3-6, and J.O. Nationals will be July 21-27, location TBD.

- B. **Open:** Tony Monroe. Noted the successful Open/Masters meet @ West Seattle Stadium. PNTF Athletes were well represented at the Olympic Trials and the Olympics this past year, particularly noted the performances of Isaiah Harris, Hana & Amanda Moll. Also noted that 84 current & former UW athletes & coaches were in Paris representing several different countries in a variety of sports (e.g., including rowing, golf, basketball, etc., as well as Track & Field)
- C. **MUT:** Trisha Steidl not present, emailed her report which was summarized by Paul Kiehn: Great turnout for the open/masters men and women at the PNTF Open, Masters, and Youth Trail Championships, which took place in August at the Cougar Mountain Trail Series; a 14.5mi race for open & masters, and a 5k for the inaugural youth trail race. Thanks to Holly and Melita for coming to help with the races. Holly provided medals & ribbons for the youth champions, a wonderful surprise! **Link to open/masters results:** <https://pacificnorthwest.usatf.org/24trail#results> ; **Link to youth results:** <https://pacificnorthwest.usatf.org/24trail-1#results>
- D. **Masters:** George Mathews. Held 2 meets this year. 70 Athletes competed at the Seattle Parks / Patti Petesch meet, and 123 Athletes competed at a successful PNTF Open/Masters Championships. Both meets were held at West Seattle Stadium. Also had good participation from outside PNTF footprint (e.g., Oregon & Canada) for the PNTF Championships. Working on schedule for 2025 meets to de-conflict with other summer meets; noted that the World Indoor Masters meet will be held at the new Gainesville FL facility in March 2025.
- E. **Race Walk:** Katie Burnett not present - no report.
- F. **Athletes:** Ron Atkins opened the floor for comments from any of the athletes in attendance. No comments.
- G. **Coaches:** Kevin Jackson. Noted that there are still Zoom online classes available for Level 1, however no Level 2 or 3 opportunities remain in 2024 - next opportunities for those probably Spring 2025. Noted that starting in 2025, re-cert will be required for level 2 every 4 years.
- H. **Officials:** Geof Newing. PNTFO supported 71 T&F meets this season at all levels + now working the fall XC season. Have received a lot of positive feedback from meet organizers on professionalism of PNTF officials. There will only be 3 indoor meets in 2025 this Winter @ UW Dempsey indoor facility, and no H.S. indoor meet there, although 3 H.S. indoor meets are planned @ the Podium in Spokane. Noted that Mt. Si golf course has opened for XC meets, and is much more affordable at \$500 to rent vs. \$5k for Chambers Bay.
- I. **Officials Training & Certification:** Bob Springer. We currently have 96 certified officials within PNTF: 30 Apprentice, 23 Association, 23 National, and 20 Master. Have started planning for new apprentice official 2025 training seminars in the Feb-Mar timeframe. Re-cert for the new 4-year Olympiad is starting Oct 1st, with an “open book” rules review required for basic re-cert; National level requires officials select 5 additional questions to answer essay style, Master requires 8 additional questions to be answered from a list of 29. PNTF will cover the \$20 re-cert fee for our officials from the T&C budget. Noted that the application period for the “big deal” USATF meets is now open & will close on October 15th. Noted that there are scholarships available for new/young officials to gain experience at meets requiring travel. Ron & Patti took an action to form an ad-hoc committee to engage with H.S. & club athletes to advertise scholarship availability & to recruit young officials.
- J. **SafeSport:** Kenny Emerick not present, however Holly noted that club athletes > 18 years old are now required to be SafeSport compliant. Noted that the new banners & flyers were visible at the J.O. meets this year. It was also noted that some club coaches are not getting their SafeSport renewed in a timely manner, but continue to coach anyway which shouldn't be allowed. Ron stated that there's more emphasis being placed on SafeSport and expects National to task Associations to start cracking down on non-compliance.
- K. **Communications:** Teo Smith is working with Andy Martin on ideas to increase PNTF visibility on social media.
- L. **Associations Admin:** Patti Petesch.
 - 1. USATF Annual meeting will be Dec. 5-8 in Orlando, FL
 - 2. PNTF accreditation in good shape, we qualify for 16 delegates, & there will be important measures to be voted on.
 - 3. Noted that USATF overall membership numbers are down nationally this year compared to last year.
 - 4. PNTF delegates will be reimbursed for the \$290 registration fee + \$800 as an expense stipend out of PNTF funds; however to fully cover airfare + hotel, meals, and incidentals, selected delegates should expect some additional out-of-pocket costs.

III. Business

- A. **Athlete / At-Large Board positions.** Paul Kiehn. These Board positions are appointments made via subcommittee as defined in our by-laws, with a term that runs for 1 year between November Board meetings. Paul reported that he will head the subcommittee to determine the At-Large positions for the next term, contacting the current serving members and new candidates; then convening the subcommittee to deliberate and appoint these positions for the next term. The new Vice-President will head the subcommittee for the Athlete reps following a similar procedure.
- B. **USATF Annual Meeting Delegates.** Patti Petesch asked that all interested PNTF members contact her if they are interested in being a member of our delegation.
- C. **Awards banquet.** Carole Langenbach reported that due to the high expense (>\$8k) of last year's event at Embassy Suites, the ad-hoc subcommittee is looking into booking a less expensive venue and just offer a light lunch, dessert & beverages. A tentative date that seems to work is February 23, 2025. More details to follow.

- D. **Membership general comments.** Ron Atkins opened floor for any general comments / questions from members. Paul Kiehn noted that there is a Regional Volunteer of the Year award that is available, and we'd need to submit our candidate NLT Nov. 3. Paul asked that members send him an email if they have someone to nominate along with a write-up explaining why their candidate is deserving of recognition to secretary@pacificnw.usatf.org ; or to familykiehn@comcast.net
- E. **Election of Officers.** Ron Atkins. The PNTF By-laws election procedure was summarized.
1. Nominating Committee announced 2 candidates for Vice President: Ivars Ikstrums & Darwin Peters. Paul Kiehn ran unopposed for another term as Secretary. Presentations of qualifications for the 2 candidates for Vice President were made.
 2. Paul Kiehn re-elected as Treasurer by voice vote; Ivars Ikstrums was elected as Vice-President via secret ballot.
 3. The officers for the next term are:
 - i. President – Ron Atkins (1 year left)
 - ii. Vice President – Ivars Ikstrums (2 years left)
 - iii. Treasurer – Melita Aquino (1 year left)
 - iv. Secretary – Paul Kiehn (2 years left)

Meeting adjourned at 2:45 p.m. The next PNTF Board meeting is tentatively scheduled for Mon., Nov. 18, 2024

Respectfully submitted,
 Paul Kiehn,
 Secretary, USATF Pacific Northwest Association

Attachments:

Attachment 1 - Treasurer Summary - September 2024 status

PNW TF Treasurer Summary – September 2024 Annual Meeting					
Description	Summary Amount	1/1/24 Starting balance	2024 Transactions	Balance as of 9/14/24	
Checking balance as of 01/01/2024	\$12,396.35	Youth:	\$0.00	\$0.00	
Total credits	\$83,190.93	Open:	\$10,341.35	(\$3,069.07)	
Total debits	(\$42,768.89)	Masters:	\$17,987.87	(\$6,443.27)	
Checking Ending balance as of 9/14/24:	\$52,818.39	Officials T&C:	\$5,652.67	(\$307.85)	
Savings Ending balance as of 9/14/24:	\$100,161.75	Membership 23(11/22-10/23):	\$3,861.00	(\$3,861.00)	
TOTAL BANK BALANCE:	\$152,980.14	Membership 24(11/23-10/24):	\$0.00	\$45,861.50	
		Sum:	\$37,842.89	\$32,180.31	
				\$70,023.20	
Checks written not cashed:	-\$5,735.00				
Mastercard outstanding charges:	\$496.79				
Cash Balance:	\$158,218.35				
General Fund Total*	\$88,195.15				
GFT* calculation: Cash Balance less Committee Balances					
Outstanding Checks					
Status	Check #	Amount	Memo	Category	Check recipient
WRITTEN		\$1,200.00	6 Half Marathon winners	Open	
WRITTEN		\$1,100.00	11 Half Marathon winners	Masters	
WRITTEN		2000	Grow to Impact 2024	General	Patti Petesch
WRITTEN		\$1,435.00	USATF Annual Meeting - President distribution	General	Patti Petesch

PNW TF Treasurer Summary – Annual Meeting 2023				
Description	Summary Amount	1/1/23 Starting balance	2023 Transactions	Balance as of 9/17/23
Checking balance as of 01/01/2023	\$41,558.56	Youth:	\$13,881.00	(\$13,881.00)
Total credits	\$47,721.00	Open:	\$13,348.34	(\$5,121.79)
Total debits	(\$43,484.35)	Masters:	\$20,451.16	(\$6,660.13)
Checking Ending balance as of 9/17/23:	\$45,795.21	Officials T&C:	\$6,832.03	(\$1,179.36)
Savings Ending balance as of 9/17/23:	\$117,119.26	Membership 23(11/22-10/23):	\$0.00	\$42,335.00
TOTAL BANK BALANCE:	\$162,914.47	Membership 24(11/23-10/24):	\$0.00	\$0.00
		Sum:	\$54,512.53	\$15,492.72
				\$70,005.25
Checks written not cashed:	\$2,175.00			
Mastercard outstanding charges:	\$619.60			
Cash Balance:	\$160,119.87			
General Fund Total*	\$90,114.62			
GFT* calculation: Cash Balance less Committee Balances				

For YoY Comparison