

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****M25-59 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
----- M25-29 -----						
1 Bickel, Joshua Phoenix, AZ M25	1856	27.36m (308)	8.40m (390)	28.80m (441)	33.41m (347)	8.53m (370)
----- M35 -----						
1 Jeffrey III, Joshua Grandview, WA M38	2520	31.29m (386)	13.90m (753)	39.65m (669)	28.84m (288)	9.32m (424)
2 Ness, Jamie Winchester, KY M38	2439	31.24m (385)	11.42m (597)	38.22m (639)	27.29m (266)	11.55m (552)
----- M45 -----						
1 Kruse, Craig Clarendon Hills, IL M48	1793	18.27m (234)	9.69m (585)	25.37m (475)	17.14m (162)	6.78m (337)
----- M50 -----						
1 Cole, Eric Flower Mound, TX M51	4363	55.70m (945)	13.91m (870)	51.92m (934)	38.29m (544)	19.84m (1070)
----- M55 -----						
1 Cress, Alan Great Falls, MT M58	3918	41.37m (749)	13.30m (906)	41.16m (781)	39.27m (626)	15.24m (856)
2 Bellrichard, Troy Spring Valley, MN M55	3708	33.44m (577)	13.13m (893)	43.90m (844)	38.18m (605)	14.21m (789)
3 Bickel, David Scottsdale, AZ M55	3692	45.69m (844)	10.94m (722)	39.27m (738)	28.97m (424)	16.91m (964)
4 Unland, Kyle Spokane, WA M55	3628	39.70m (713)	10.34m (675)	37.74m (703)	37.94m (600)	16.49m (937)
DNF Carl, John Seminole, TX M59		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****M60 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
1 Maki, Don Woodbury, CT M64	3622	37.20m (654)	10.49m (673)	42.56m (772)	43.71m (765)	14.78m (758)
2 Hambrick, Michael Sparks, NV M62	3198	39.84m (711)	9.64m (608)	36.28m (635)	25.06m (376)	16.61m (868)
3 Burgoyne Jr., James Tewksbury, MA M61	3172	36.58m (641)	12.02m (790)	37.42m (660)	23.49m (345)	14.41m (736)
4 Schaeffer, Russell Fort Collins, CO M61	2889	29.46m (488)	10.14m (646)	27.85m (456)	40.67m (700)	12.11m (599)
5 Munski, Larry Benicia, CA M61	2666	30.65m (514)	10.80m (697)	32.62m (557)	17.98m (235)	13.18m (663)
6 Biondolillo, Jim Glendale, AZ M60	2266	ND (0)	9.96m (633)	33.62m (578)	26.97m (415)	12.79m (640)
DNF Gold, G Yuma, AZ M61		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)
DNF Eriksson, Scott Plano, TX M60		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****M65 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
1 Jones, Roland Seffner, FL M66	3924	38.67m (787)	11.73m (849)	45.39m (929)	33.74m (629)	13.37m (730)
2 *Dirkin, Guy Clermont, FL M68	3551	38.61m (786)	9.90m (696)	43.98m (895)	25.83m (447)	13.33m (727)
3 Mehlbrech, Dan Crooks, SD M68	3413	31.31m (609)	11.36m (817)	38.33m (759)	25.47m (439)	14.30m (789)
4 Cwiek, Mark Mt Pleasant, MI M67	3183	33.67m (666)	10.34m (732)	29.99m (561)	27.09m (476)	13.65m (748)
5 Watson, Richard Yuma, AZ M68	3057	32.87m (646)	9.66m (676)	27.98m (515)	30.80m (561)	12.26m (659)
6 Ortman, David Seattle, FL M68	2438	22.94m (409)	8.83m (607)	27.67m (508)	25.93m (449)	9.18m (465)
7 Demetrio Jr., Theodore Olympia, WA M65	2328	14.84m (219)	8.20m (555)	27.93m (514)	29.69m (535)	9.81m (505)

2021 Throws Championships - 8/21/21 to 8/22/21

Seattle, WA

Results - Combined Events

M70-79 Throws Pentathlon

	Points	HT	SP	DT	JT	WT
----- M70 -----						
1 Daniel, John Spring Branch, TX M71	3686	34.33m (674)	10.18m (669)	35.11m (764)	40.26m (853)	13.02m (726)
2 Cederblad, Tim Plainfield, IL M70	3667	34.97m (690)	12.19m (827)	36.71m (806)	26.09m (498)	14.85m (846)
3 Jordan Jr., Rufus Smyrna, DE M71	3396	42.20m (864)	9.02m (579)	27.73m (573)	27.51m (533)	14.86m (847)
4 Muller, Tim Scottsdale, AZ M71	3068	ND (0)	12.28m (834)	38.48m (853)	25.17m (475)	15.76m (906)
5 Deeter, Bill Mehama, OR M74	3034	32.80m (637)	11.61m (781)	27.58m (569)	18.97m (326)	12.94m (721)
6 Harriman, Darrel Devine, TX M74	2882	32.40m (628)	8.54m (542)	28.84m (601)	19.53m (339)	13.71m (772)
7 Ripp, Marvin Middleton, WI M71	2630	26.10m (478)	9.17m (591)	26.44m (540)	22.91m (420)	11.09m (601)
8 Cyphers, Craig Honey Brook, PA M71	2221	ND (0)	8.55m (542)	24.53m (491)	18.30m (310)	15.34m (878)
9 Lowe, Rick Toutle, WA M72	2188	26.61m (490)	8.96m (574)	21.67m (419)	12.17m (167)	10.11m (538)
10 Schuster, Neal Shorewood, WI M73	1552	19.15m (315)	6.66m (397)	20.21m (383)	24.41m (457)	ND (0)
DNF Masters, Reed Odessa, TX M74		DNS (0)		DNS (0)	DNS (0)	DNS (0)
DNF Decker, Michael Amarillo, TX M72		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)
----- M75 -----						
1 Ten Eyck Jr., Thomas Golden, CO M76	3186	32.14m (726)	10.00m (728)	27.68m (658)	13.80m (245)	13.55m (829)

2021 Throws Championships - 8/21/21 to 8/22/21

Seattle, WA

Results - Combined Events

....M70-79 Throws Pentathlon

2 *Percy, Ian	32.04m	8.56m	28.37m	19.40m	11.39m
Greeley, CO					
M76	3078	(723)	(605)	(678)	(395)
					(677)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****M80-94 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
----- M80 -----						
1 La Barge, Peter Runaway Bay, TX M82	4256	38.54m (1042)	9.74m (769)	27.35m (766)	30.23m (788)	13.59m (891)
----- M85 -----						
1 Shipp, Phillip Sedona, AZ M86	3998	24.47m (749)	10.18m (923)	27.50m (946)	22.15m (648)	10.35m (732)
2 Harrison, Richard Shoreline, WA M88	2865	23.65m (718)	7.19m (614)	18.11m (570)	12.39m (302)	9.49m (661)
3 Sabin, Wayne Milwaukie, OR M88	2137	17.42m (491)	6.59m (553)	14.14m (417)	10.75m (246)	6.65m (430)
----- M90 -----						
1 Lewellen, Harvey Eugene, OR M92	3579	23.62m (930)	7.84m (809)	16.02m (646)	12.25m (380)	9.80m (814)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****W35-59 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
----- W35 -----						
1 Shisslak, Sara Phoenix, AZ W37	3244	45.03m (916)	9.61m (527)	33.87m (560)	27.89m (469)	13.31m (772)
----- W40 -----						
1 Owen, Tamara Surprise, AZ W44	3122	42.18m (924)	9.36m (554)	28.62m (499)	17.16m (283)	13.49m (862)
----- W45 -----						
1 Herzner, Angela Tempe, AZ W47	4132	42.12m (1012)	12.99m (895)	35.75m (715)	24.37m (484)	14.35m (1026)
----- W55 -----						
1 Clausen de Contreras, Kat Sacramento, CA W58	3123	31.35m (795)	8.64m (651)	18.20m (392)	16.79m (369)	13.04m (916)
2 Thalman, Kelly Jamestown, CA W59	2792	28.96m (722)	6.94m (497)	20.84m (463)	18.98m (429)	10.11m (681)
3 Lee, Suzette Simi Valley, CA W57	2649	26.54m (648)	8.48m (636)	17.21m (365)	16.62m (365)	9.54m (635)
DNF Carl, Crystal Seminole, TX W58		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****W60-69 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
----- W60 -----						
1 Finsrud, Carol Lockhart, TX W64	4214	35.17m (1021)	9.30m (791)	33.70m (927)	18.93m (486)	14.87m (989)
2 Hallen, Susan Elk Grove Village, IL W64	2952	31.74m (904)	8.07m (668)	19.55m (485)	13.41m (319)	9.39m (576)
3 Scott, Daphne Bellingham, WA W61	2458	19.38m (488)	7.64m (626)	19.10m (471)	15.28m (375)	8.33m (498)
4 Biondolillo, Kathleen Glendale, AZ W61	2277	21.80m (568)	6.84m (547)	13.33m (301)	10.42m (230)	10.12m (631)
5 Boivin, Erica Mukilteo, WA W62	2135	23.76m (634)	5.86m (451)	14.00m (320)	10.84m (242)	8.20m (488)
DNF Lewis, Oneithea Oakland Gardens, NY W61		ND (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)
DNF Alegria-Dybvig, Tamara Tucson, AZ W62		DNS (0)	DNS (0)	DNS (0)	DNS (0)	DNS (0)
----- W65 -----						
1 Kendall, Monica Beaverton, OR W65	4391	25.71m (795)	10.82m (1060)	25.53m (767)	29.77m (939)	11.66m (830)
2 Welding, Ruth Elk Grove Village, IL W65	3331	31.12m (1000)	6.95m (630)	20.43m (589)	7.67m (177)	12.92m (935)
3 Grandison, Delores Townsend, DE W68	3296	26.99m (843)	6.99m (635)	15.88m (433)	17.66m (516)	12.13m (869)
4 Rowe, Linda Bloomfield, IA W69	3224	18.99m (544)	7.88m (733)	21.29m (618)	22.50m (684)	9.42m (645)
5 *Kirkpatrick, Yvonne Kuna, ID W66	3082	21.37m (632)	7.29m (668)	21.58m (629)	13.72m (381)	10.96m (772)
6 Smith, Darcy La Jolla, CA W66	2260	16.99m (470)	6.14m (542)	15.34m (415)	11.10m (292)	8.14m (541)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****....W60-69 Throws Pentathlon**

7	Obrien, Sandra	11.85m	4.13m	8.13m	8.99m	4.76m
	Shorewood, WI					
	W68	1283	(284)	(325)	(182)	(221)
DNF	Jackson, Carole	DNS	DNS	DNS	DNS	DNS
	Oak Park, IL					
	W67	(0)	(0)	(0)	(0)	(0)

2021 Throws Championships - 8/21/21 to 8/22/21**Seattle, WA****Results - Combined Events****W70-94 Throws Pentathlon**

	Points	HT	SP	DT	JT	WT
----- W70 -----						
1 Trotto, Mary Kihei, HI W74	2362	14.20m (433)	5.76m (574)	13.81m (432)	12.80m (417)	6.97m (506)

2 Green, Martha Des Moines, IA W70	2279	18.63m (617)	5.57m (551)	12.00m (363)	9.52m (289)	6.44m (459)

----- W75 -----						
1 Raham, Sharon Wellington, CO W75	3511	25.31m (885)	6.73m (683)	14.72m (495)	19.87m (769)	9.34m (679)

----- W80 -----						
1 Melzer, Frances Tumwater, WA W81	3085	16.93m (637)	6.24m (723)	14.67m (596)	10.34m (440)	8.56m (689)

2 Marriott, Joanne Arvada, CO W82	2764	18.09m (692)	5.69m (648)	10.53m (398)	9.66m (405)	7.85m (621)

3 Bradley, Janice Battle Ground, WA W83	2665	15.22m (556)	5.78m (660)	12.73m (502)	10.22m (434)	6.70m (513)

----- W90 -----						
1 Krug, Gloria New Oxford, PA W90	4011	16.38m (931)	5.68m (928)	11.05m (699)	9.76m (720)	7.03m (733)

USA National Masters Throws Championship

Seattle, WA

8/21/2021 - 8/22/2021

Super Weight Throw

M29&U	Joshua Bickel	6.11
M35	Jamie Ness	7.92
	Joshua Jeffrey	7.34
M50	Eric Cole	10.75
M55	David Bickel	8.25
M60	James Burgoyne	7.80
	Jim Biondolillo	7.39
	Russell Schaeffer	5.28
M65	Bob Cedrone	9.20
	Richard Watson	6.75
	Theodore Demetrio	4.70
M70	Tim Muller	8.89
	Craig Cyphers	8.51
	Bill Deeter	8.07
	Tim Cederblad	7.95
	Rufus Jordan	7.93
	Darrel Harriman	7.81
	Rick Lowe	6.17
	Marvin Ripp	6.13
	Neal Schuster	5.19
M75	Thomas Ten Eyck	7.09
	Robert Cahners	6.91
	Ian Percy	6.21
M80	Peter La Barge	7.15
M85	Phillip Shipp	6.08
	Wayne Sabin	4.49
M90	Harvey Lewellen	5.50
W35	Sara Shisslak	9.06
W40	Tamara Owen	7.63
W45	Angela Herzner	9.06
W55	Katherine de Contreras	9.27
	Suzette Lee	7.04
	Kelly Thalman	6.82
W60	Oneithea Lewis	12.62
	Carol Finsrud	9.32
	Susan Hallen	8.02
	Kathleen Biondolillo	6.75
	Erica Boivin	6.03
	Deborah Ecklund	3.74
W65	Ruth Welding	8.71
	Delores Grandison	7.56
	Linda Rowe	6.25
	Darcy Smith	5.81
	Sandra OBrien	2.68
W70	Mary Trotto	4.50
	Martha Green	4.35
W75	Sharon Raham	6.08
W80	Joanne Marriott	4.86
	Janice Bradley	4.52
W90	Gloria Krug	4.68

USA National Masters Throws Championship

Seattle, WA

8/21/2021 - 8/22/2021

Ultra-Weight Pentathlon

Age	Name	Total	PI	Weight	WT Points	Super Weight	SWT Points	Ultra 1	Ultra 1 Points	Ultra 2	Ultra 2 Points	Ultra 3	Ultra 3 Points
M25	Joshua Bickel	1996	1	9.28	412	6.11	439	3.05	461	1.78	462	0.67	222
M38	Joshua Jeffrey	2277	1	11.72	562	7.28	558	3.37	534	1.30	317	0.83	306
M38	Jamie Ness	1977	2	10.76	506	7.50	578	2.85	435	1.16	273	0.58	185
M51	Eric Cole	5270	1	18.38	981	10.69	1115	6.03	1337	2.55	930	1.64	907
M55	David Bickel	4010	1	17.62	1010	8.25	912	3.52	796	1.88	719	1.02	573
M61	James Burgoyne	3462	1	13.96	709	7.80	685	5.67	630	3.30	789	1.63	649
M60	Jim Biondolillo	3423	2	13.63	689	7.39	643	5.63	624	3.30	789	1.69	678
M61	Russell Schaeffer	1994	3	10.18	486	5.21	421	3.28	319	2.14	471	0.87	297
M66	Bob Cedrone	4443	1	15.53	868	9.20	917	6.77	856	3.57	954	1.88	848
M68	Richard Watson	3089	2	11.05	583	6.64	627	5.30	643	2.69	687	1.30	549
M65	Theodore Demetrio	1900	3	8.38	415	4.70	412	2.86	299	1.98	476	0.80	298
M71	Tim Muller	4199	1	15.92	917	8.89	761	6.88	733	5.34	727	3.56	1061
M71	Craig Cyphers	3904	2	14.17	802	8.38	711	6.64	703	5.62	772	3.13	916
M71	Rufus Jordan	3365	3	15.14	865	7.91	664	4.27	412	5.07	684	2.60	740
M74	Bill Deeter	3297	4	13.65	768	7.74	647	6.19	647	4.28	559	2.41	676
M70	Tim Cederblad	3218	5	12.82	713	7.25	599	5.54	567	4.26	556	2.73	783
M74	Darrel Harriman	3081	6	12.82	713	7.10	584	5.88	609	4.08	528	2.32	647
M72	Rick Lowe	2640	7	10.00	531	5.98	474	5.23	529	4.06	525	2.12	581
M71	Marvin Ripp	2375	8	10.10	537	5.53	431	4.91	490	3.14	382	1.98	535
M73	Neal Schuster	1781	9	8.42	430	4.48	329	3.53	323	2.42	271	1.65	428
M76	Thomas Ten Eyck	3455	1	13.51	826	5.64	505	4.85	551	4.24	630	2.88	943
M79	Robert Cahners	3129	2	12.04	723	6.91	644	4.40	490	3.61	519	2.37	753
M76	Ian Percy	3112	3	11.49	684	6.21	567	5.09	584	3.93	575	2.23	702
M86	Phillip Shipp	2980	1	10.28	726	6.08	610	4.60	549	3.62	538	2.91	557
M88	Wayne Sabin	2036	2	6.72	436	4.49	422	3.41	379	2.82	395	2.24	404
M92	Harvey Wellen	2708	1	8.23	664	5.19	626	3.29	454	2.70	468	2.21	496
W37	Sara Shisslak	4361	1	14.15	829	9.03	908	7.05	887	5.51	880	2.62	857
W44	Tamara Owen	3910	1	12.69	804	6.97	739	6.24	847	4.04	673	2.39	847
W47	Angela Herzner	5608	1	14.33	1025	8.79	1071	7.25	1114	5.43	1053	3.28	1345
W58	Katherine de Contreras	4231	1	12.51	874	9.04	962	6.55	943	4.24	740	3.23	712
W57	Suzette Lee	3723	2	8.99	591	6.94	707	5.50	769	4.36	765	3.91	891
W59	Kelly Thalman	3021	3	9.86	660	6.82	692	4.42	593	3.08	504	2.69	572
W61	Oneithea Lewis	5496	1	15.10	1007	12.23	1181	8.79	1045	6.89	1121	5.58	1142
W64	Carol Finsrud	4820	2	15.31	1023	9.32	866	8.40	993	6.28	1008	4.66	930
W64	Susan Hallen	3554	3	11.00	696	7.84	707	6.33	714	5.17	806	3.35	631
W61	Kathleen Biondolillo	2698	4	9.11	556	6.63	578	4.61	487	3.37	482	3.19	595
W62	Erica Boivin	2339	5	8.60	518	5.99	511	4.70	499	2.95	408	2.33	403
W61	Deborah Ecklund	1426	6	4.66	231	3.61	264	3.31	318	2.47	324	1.81	289
W65	Ruth Welding	4113	1	11.32	802	8.71	909	7.06	923	4.22	722	3.50	757
W65	Monica Kendall	4072	2	11.44	811	8.16	842	6.72	871	4.56	791	3.50	757
W68	Delores Grandison	3749	3	10.36	722	7.55	769	6.05	771	4.26	730	3.50	757
W66	Darcy Smith	3069	4	8.55	574	5.76	557	4.98	612	3.93	663	3.13	663
W69	Linda Rowe	2659	5	10.00	693	5.83	565	3.79	437	2.98	474	2.44	490
W68	Sandra OBrien	934	6	4.43	245	2.68	202	2.22	212	1.45	177	0.82	98
W74	Mary Trotto	2496	1	7.21	528	4.50	482	3.53	471	2.82	520	2.16	495
W70	Martha Green	2355	2	6.27	444	4.35	462	3.65	490	2.74	501	2.03	458
W75	Sharon Raham	2592	1	9.44	690	6.08	604	3.78	421	3.02	420	2.38	457
W82	Joanne Marriott	2742	1	6.93	534	4.86	561	3.55	476	3.45	605	2.41	566
W83	Janice Bradley	2479	2	6.56	499	4.52	513	3.55	476	2.89	487	2.19	504
W90	Gloria Krug	4167	1	6.22	634	4.61	918	3.75	893	3.06	914	2.03	808