

**Minutes of the  
Pacific Northwest Track & Field/USATF Pacific Northwest  
Board Meeting held August 19, 2019**

President Ken Emerick called the meeting to order at 7:00 p.m. at WIAA Headquarters, 435 Main Avenue S., Renton. The following were present:

P	Ken Emerick	YTH	Holly Genest	OTC	Bob Springer	A-L	Carole Langenbach
VP		OPN		ATH	George Mathews	A-L	Carol Coram
SEC	Ed Viering	MAS	Lance Neubauer	ATH		A-L	
TR	Melita Aquino	COA	Kevin Jackson	ATH	Eric Sach	A-L	Jim Ryan
IPP	Ivars Ikstrums	OFF	Geof Newing	ATH		A-L	
	Bob Langenbach		Dick Zerbe		John Patterson		

**I MINUTES AND EXECUTIVE REPORTS**

- A. Secretary's Report/Minutes: Ed Viering confirmed we had a quorum. The agenda and latest schedule were distributed. The minutes for the June meeting have been emailed. The minutes were accepted.
- B. Treasurer's Report: Melita Aquino. Report was accepted.
  - 1. Overall Total as of 8/13/2019: \$120,186.64. Group breakdowns:
 

General -	\$60,626.42	Masters -	\$12,540.32
Open -	\$15,206.97	Fred Dean Youth Travel -	\$ 2,613.00
Officials T&C -	\$ 2,012.29	USATF Membership -	\$27,187.64
- C. Membership Report: Tracy Silva via email.
  - 1. As of 08/19/2019: Youth– 2,005; Open– 435; Masters– 727; Clubs– 73.
  - 2. Relative to a year ago: Youth up 238; Open up 15; Masters up 21; Clubs up 1.
- D. Sanctions Report: Carole Langenbach. We have 182 sanctions this year.
- E. Vice President's Report: No report.
- F. President's Report: Ken Emerick.
  - 1. Thank you everybody who supported Masters and Youth Regionals. these are some of the best meets we have put on in the last few years.
  - 2. Our grievance is now combined with Vin Lananna's. We signed off on binding arbitration with the World Court of Sports in Geneva. This will take place in October.
  - 3. We received our first letter from SafeSport. We were cc'ed on a letter of reprimand to a Youth Coach for talking to a minor online without cc'ing a parent.
- G. Office Manager's Report: Carole Langenbach.
  - 1. We were authorized to buy race walk paddles, but in the mean time we have been gifted a set. Carole will hold them for use by Youth, Masters and Open.

**II OLD BUSINESS**

- A. By-Laws Vote: Less meetings per year – Ed Viering. Vote was held to change Article 7c to say “Meetings of the PNTF Board shall be held a minimum of four (4) times a year...”. Motion passed 14-0.
- B. Appoint Elections/Nominating Committee – Kenny Emerick. Patti Petesch was appointed head of nomination committee.
- C. PNTF Annual Meeting Location – Kenny Emerick. Annual Meeting will be here on Sep 16: 6:00pm social; 7:00pm meeting.

### III NEW BUSINESS

- A. Select Banquet Chair – Kenny Emerick. Andy Newing and Melita Aquino will be co-chairs. Officials/Open/Masters/Youth each must provide someone to a sub-committee for awards. Members are Geof, Bill Roe, Carole, Holly.
- B. Estate Bequest – Bob Springer. Tim Nickson approached Bob looking to set up a way to help train officials and coaches. Tim is a former coach who is involved with Eastern Washington University and Highline School District. He wants a charitable giving plan. He talked to the USATF Foundation, but they couldn't help. We are looking for ideas on how to implement this.
- C. Term Limit Extension – Carole Langenbach. The Secretary's eligibility was extended for 1 year by a vote of 14-0.
- D. Nominations – Kenny Emerick. Contact Patti if interested in running for office. (*patti.petesch@gmail.com*)
- E. Select Head of Delegation – Kenny Emerick. Patti is Head of Delegation. She is already working on it.
- F. Annual Meeting Initial Attendee Plan – Kenny Emerick. An early headcount shows the following will attend in Reno: George Mathews, Carol Coram, Bob Springer, Jim Ryan, John Patterson, Kevin Jackson, Kenny Emerick, Patti Petesch. Online registration is up. The link to the hotel worked, but it is confusing. They are fixing it. Rooms are from \$108 to \$125.

### IV COMMITTEE REPORTS

- A. Youth: Holly Genest.
  - 1. Thank you to the officials! Association had 1,100 athletes; Regional had 1,600; National had 4,500—the numbers were way down because AAU was the same week. We had 267 athletes at National; 99 All-Americans; 4 National Champions.
  - 2. Nobody bid from Midwest for 2020, so Jacksonville will host JO Nationals in 2020 and 2021. Oregon wants to bid on 2022.
  - 3. Association XC is Nov 16 at Woodland Park. Regional XC is Nov 27 at Lane CC in Oregon; National XC is 14 Dec in Wisconsin.
- B. Open: no report.
- C. MUT: Eric Sach. Evan Williams went to World Trail Championships. There is not much clarity on how teams are selected. Evan was invited to present at our November meeting.
- D. Masters: Lance Neubauer/George Mathews.
  - 1. Everyone's help was much appreciated for the Aug 10 Seattle Classic. George and his wife handled the medals which was the most complicated thing at the meet. Meet was twice as big as last year. With so many meets in July, we pushed this one back to August which made it the last masters meet in the country. We may limit number of events per athlete next year and stop day of meet registration.
  - 2. Open and Masters Association XC is Nov 10 at Woodland Park.
  - 3. Carole Langenbach noted that we have not been following the procedures for choosing championships. We are all guilty. We need to do better.
- E. Race Walk: Katie Burnett. Katie and Joel are at training camp for World Championships. Katie submitted her report via email:
  - 1. Amberly Melendez represented the US at the NACAC U23 Championships in Queretaro, Mexico and placed second in 23:25 for 5000m.
  - 2. Katie Burnett broke the world record for the track 50k—50,000m in 4:29:45.56, also qualifying for the World Championships in Doha. She then went on to win the 10k Race Walk at USATF Outdoor Championships in a facility record of 46:12.45.
- F. Athletes: Trisha Steidl submitted a report via email:
  - 1. Below are the results from the Cougar Mountain Trail Run Series/PNTF Association Trail Championships. I am waiting for a few photos to accompany the information before I send the info to Andy to be put on the PNTF website.
    - Open Men:
      - 1. Evan Williams
      - 2. Joe Creighton

3. Brett Winegar
4. Adam Frye
5. Isaiah Ray

Open Women:

1. Kristi Houk
2. Jenny Easterberg
3. Olivia Marquardt

Masters Men:

1. Uli Steidl
2. Lance Thompson
3. Shaun Frandsen
4. Adam Hewey
5. Frank Fisher

Masters Women:

1. Trisha Steidl (won the women's race overall)

2. While the competition was good, more help in getting the word out from other clubs would be of great help in the future. From what I could see (which is far from everything), CNW and Bellingham Distance Project both posted about the event on their FB pages, which is great, but it was only a couple of days out from the event. I'm sure the pouring rain the morning of the event kept some people from coming who had otherwise planned to register day-of.
  3. Via email communications, Bill (and Carole) expressed a desire to have a more streamlined process for asking for prize money/determining association championship events in advance. From what I gathered, it sounded like this would ideally occur at the September meeting. If you or someone else could inform me of whether this will be the case and what the process is, I'd love to help make things easier for everyone by being prepared for this as SRC will most likely want to host the trail championships again in 2020. SRC is in agreement that planning this out earlier and knowing the funding is there for the prize money earlier would help us - and others - get the word out sooner so the championship field can be even more robust.
- G. Coaches: Kevin Jackson. There will be no Level 1 in January. We can't get the facility for free anymore. We are trying to bring out Tiana Bartoletta for a coaches/athletes inspirational session. Two of our coaches are taking the instructors class.
- H. Officials: Geof Newing.
1. At JOs, 1,600 people logged in for live results, with 30-40,000 page turns. Masters was our last T&F meet. We have swapped out T&F for XC equipment in the trailer and tested everything.
  2. Fri 30<sup>th</sup> is UW vs. SU at Magnuson Park. A ½ mile loop.
  3. Sep 21 is PLU invite.
  4. We are not working Sundodger this year. They wanted it at Chambers Bay so are following a HS meet on Oct 5.
  5. JD Drake is the new Head Coach at Fresno State.
- I. Officials Training & Certification: Bob Springer.
1. We are currently at 105 certified officials. We should get an extra vote at annual meeting.
  2. Clinics coming up will be at Peninsula and Franklin Pierce HSs, St Martins University and somewhere in North Seattle. We are looking at a dedicated clinic for Special Olympics.
  3. John Patterson is the newest Master-level Official.
- J. Communications: no report. Kenny noted that Andy Martin's articles on Youth and Masters nationals were really nice.
- K. Associations Admin: John Patterson for Patti Petesch. A new Association President asked for IRS 990 help from National, which led to National discovering that 6 associations had failed to transmit their IRS 990 to the IRS. So now, we need to send a copy to the National Office.

Next meeting is here on September 16, 2019, PNTF Annual Meeting. Next board meeting is October 21, 2019, location TBD.

The meeting was adjourned at 8:35 p.m.

Respectfully submitted,

Edward Viering  
Secretary  
Pacific Northwest Track & Field/USATF Pacific Northwest