

**Minutes of the
Pacific Northwest Track & Field/USATF Pacific Northwest
Board Meeting held October 20, 2014**

President Ivars Ikstrums called the meeting to order at 7:00 p.m. at Seattle Parks and Recreation Building at 100 Dexter Ave. N. in Seattle. The President led introductions. The following were present: Ivars Ikstrums, Chris Kunzelman, Ed Viering, Doug Chandler, Bob Springer, Carole Langenbach, Bob Langenbach, Neal Stoddard, Jim Ryan, Stan Chraminski, Darlene Hickman, Lance Neubauer, Patti Petesch, Delmas Whitaker, Eric Sach, Maria Dalzot, Tad Davis.

I MINUTES AND EXECUTIVE REPORTS

- A. Secretary's Report/Minutes: Ed Viering distributed the agenda and latest schedule. The minutes for the Annual Meeting have been emailed. The minutes were accepted. National Office is soliciting for applications for National Team Managers and Coaches. Deadline is Oct 30.
- B. Treasurer's Report: Doug Chandler submitted his report. The report was unchanged from Annual Meeting. Report was accepted. Overall Total as of 9/30/2014: \$105,224.70. Group breakdowns:

General Fund -	\$48,855.31	Masters -	\$12,506.28
Open -	\$13,437.22	Youth -	\$21,433.77
Open Chair -	\$ 1,771.35	Fred Dean Youth Travel -	\$ 2,613.00
Officials T&C-	\$ 5,900.58	Club Nationals -	\$ 36.41
- C. Membership Report: Tracy Silva submitted her report via email.
 - 1. As of Oct 20, 2014: Youth- 1614; Open- 430; Masters- 624; Clubs- 78. Three of the clubs are pending due to background checks.
- D. Vice President's Report: Chris Kunzelman. No report. Chris asked Ed to give the status update of the board membership. All five At -Large members have been appointed for another year: Stan Chraminski, Char Engelhardt, Bill Roe, Patti Petesch, Bob Langenbach. All four Athlete Representatives have been appointed for another year: Eric Sach, Eddie Strickler, Ryan Brown, Michael Chinchar.
- E. President's Report: Ivars Ikstrums. Ivars stated he would hold his comments for old business.
- F. Sanctions Report: Carole Langenbach. We have sanctioned 211 events so far this year.
- G. Office Manager's Report: Carole Langenbach. Nothing to report.

II OLD BUSINESS

- A. USA Half Marathon Trail Championships- Ivars Ikstrums/Tad Davis/Eric Sach
 - 1. Ivars attended at Lake Padden. Meet went very well according to his criteria: no protests, no squabbles, quick results. He met Nancy Hobbs, MUT Council Chair. Nancy participated as a contestant in the race, and also wants to see the race hosted at Lake Padden next year. Also met Richard Bolt, member of MUT National Council.
 - 2. Tad said we had 60 or so USATF members. They had separate results for 10 year age groups overall and for 5 year age groups for USATF---which made it complicated. They had 18 elites show up. Early on, the women's field was shaping up to be super competitive but injuries, etc. chipped away at that. Men's field stayed super competitive. Entries and hotel were comped for elites.
 - 3. There was a panel and expo the night before. We received great feedback. Pretty good turnout with 35 in the audience.
 - 4. Maria Dalzot, a local from Bellingham, won the women's race. It was her first national championship.
 - 5. This was Al Coyle's last year. Tad will work again next year. A third heavily involved person worked for REBOUND (the designated charity). Their hands were tied a bit because all the money goes to the non-profit.
 - 6. Tad answered some questions from the board.
 - i. He used the USATF website, plus an app he wrote, to determine which runners were USATF members.

- ii. Tad didn't think adding the USATF factor made it considerably more complicated. He didn't work last year's race. This year he mostly layered USATF on top of what they normally do. He was mostly concerned with the course.
 - 7. Eric talked to a lot of athletes. The road racers really liked the course and will come back again. The trail racers thought course was somewhat flat. Tad said we had some elite road racers which was a great sign.
- B. USATF Annual Meeting: Delegates/Committee Reps – Carole Langenbach
[Editors note: delegate/committee decisions were finalized a few days after this meeting. They are listed at the end of these minutes.]
- 1. Carole worked out these assignments: Ryan Brown (primary) and Norris Frederick =M T&F; Maria Dalzot (primary) and Eric Sach =MUT; Becca=W T&F; Bob=Mstr LDR; Char=RW; Jim=Mstr T&F; Bill=XC Council; Chris=Youth; Patti=Assn; Paula=Officials. The rest will be determined later. Unassigned delegates at this time are Ed, Ivars, Mick(alternate), Kenny.
 - 2. Ivars asked Maria Dalzot to give us a brief bio. Maria said she has been running with USATF since 2006. Was XC National Champ in NY that year—her biggest XC meet ever at that time. Was on US Mountain Running Junior team in Switzerland in 2007. Took silver, and 8th overall. Won 2011 NACAC Mountain in Mexico. Graduated West Virginia University. Moved out here specifically for Trail! In 2012 was on NACAC team in Vancouver. Injured in 2013. In 2014 took 2nd place in NACAC in Mexico. Won the National Trail Half Marathon on Saturday. Maria is a Registered Dietician with a Masters Degree in Human Nutrition and Food Science. Nancy Hobbs has recruited her as a potential member of MUT Council.
- C. USATF Annual Meeting: Head of Delegation Comments – Ivars for Char Engelhardt. Delegates are expected to attend Opening and Closing meetings and write a report on what they went to/heard/learned. Reimbursement comes after submitting the report. Delegation meeting will be Wednesday morning. There is a first timers orientation. Bob Springer noted that all meetings are open unless posted as private.
- D. USATF Annual Meeting: PNTF Hospitality –Kenny Emerick. Kenny emailed in to say that with the condensed schedule this year, there is no time in the schedule for a PNTF hospitality event. It was agreed that none would be held.
- E. PNTF Banquet Update – Bob Springer for Char Engelhardt. Since we don't have the GNAC Meet as originally thought, Banquet will be at Embassy Suites in Tukwila on Saturday Feb 21.

III NEW BUSINESS

- A. Ideas for Banquet Guest Speaker – Board members. Bob Langenbach suggested Maria Dalzot; Patti and Bob S. suggested Norris Frederick; Bob Langenbach suggested Trish Steidl, who made a recent trip to the Himalayas. Darlene said that Bill Hickman has talked to some contacts.
- B. Christmas Party Planning– Carole Langenbach. Carole can host. Party will be at the Langenbachs' in Seatac on Saturday Dec 13 at 3PM. Party doubles as a debrief of Annual Meeting. You can pick up your check from Doug at the party.
- C. Safe Sport Program and Background Checks–Patti Petesch.
 - 1. USOC research prompted this new program which is concerned with recognizing sexual predators. It consists of a 90 minute online lesson and test. It is some hard-hitting material. It will be mandatory for Youth coaches, USATF staff and officials. You can look at the program online at USATF website. A background check (\$8.00) from one of the USATF providers will also be required. They will present it in more detail at the annual meeting.
 - 2. Patti also recommends taking the Concussion Webinar on the PNTF website.
- D. By-Laws Update– Ivars Ikstrums. We did a large revision a few years ago which was very good. Ivars reviewed it during the Club Nats vote and found some things lacking. He has no timetable, but encourages you to look for areas that need improvement. We will revisit this at the first of the year.

IV COMMITTEE REPORTS

- A. Youth: Chris Kunzelman for Holly Genest.
1. Participation is up 12% so far for XC. Rain City meet is this weekend. Organizers are excited because the Spokane Mercury is travelling here to compete!
 2. We are purchasing new snow fencing. We will have chip timing for regional. We wanted some info from the officials on sanitation of chips. Coaches are willing to pay for bib chips if sanitation of shoe chips is in doubt.
 3. Registration is open for JO Association XC. Doug Chandler is coordinating officials. New course map this year.
 4. The current youth officers have all agreed to renew for 2015. Nominations are being taken for all positions. The Youth Committee will hold their elections on November 4th. Chris will attend the Annual Meeting.
- B. Open: Carole Langenbach for Becca Peter. Association XC is Nov 2 at Lower Woodland. Open and Masters Regional is Nov 23 at Lincoln Park.
- C. MUT: Eric Sach. The Trail National Championship was covered earlier. Trail continues to grow. He has an email in about making Chuckanut the Association 50K again next March.
- D. Masters: Lance Neubauer.
1. We were asked to take over the 2015 Masters National Throws Championships (throws pentathlon, superweight, ultraweight pentathlon championships) on Aug 29/30. There is a question over a \$5,000 fee payable to USATF. If it is not waived, then we will run the meet as a non-USATF event.
 2. We will buy some starting blocks.
- E. Race Walk: Stan Chraminski.
1. Season has pretty much wound down. The Hour Walk was in Oregon yesterday. Our 60-69 team of Steve Dibernardo, Bob Novak and Stan Chraminski went 30,466 km.
 2. We gained three new judges this year...all under age 62.
 3. We now have a road course at Magnuson Park. We need a course certifier. We will pay.
- F. Athlete Update/News: Nothing to report.
- G. Officials: Neal Stoddard.
1. We bought a prototype wireless starting gun, We will get 5 reams of Rite-in-the Rain paper. Bought a new shuttle.
 2. Officials dinner is Jan 24.
 3. We are discussing purchasing a Finish Lynx system for \$38,000. We need to spend \$25,000 anyhow to upgrade the current system. Key motivator is that UW wants real-time results. Time Tronix has failed to provide this yet.
 4. Chip sanitation is a big issue with Youth. It was asked "what do the officials do?". Ed Viering said that it was mentioned at the last Officials meeting that nothing is done for sanitation beyond letting the chips dry out. Youth committee has much concern about exposure to blood and body fluids. *[Editors note: A few days after the meeting, it was learned that the chips are washed by hand in hot soapy water, rinsed and then placed into a solution of water and bleach to soak.]*
- H. Officials Training & Certification: Bob Springer.
1. Seattle Clinic is 24 Jan. Tacoma clinic is on normal dates: Feb 9 and 23. Bremerton clinic is pending. No date yet for Kent/Renton clinic.
- I. Website/Communications: Becca Peter. In Becca's absence, Ivars tabled any discussion of hiring Exclamation Services until she is here.
- J. USATF Associations Committee: Patti Petesch.
1. Every association is having problems with enough 10-year athletes. Patti thinks National will want to reduce the requirement for 10-year athletes at each committee meeting. Only one of our athletes responded to National Office request for annual meeting delegates. Carole did some follow-up on it and gained two more attendees.
 2. The individual training session will be on Marketing/Branding. Rest of the sessions will be business. The Grants Committee will discuss awardees. Patti will help develop criteria for picking the winners.
 3. There will be another workshop on accreditation requirements. There is consideration of changing the Coaches level 1 and 2 requirements for smaller associations.

K. USATF Board of Directors Update: Darlene Hickman. Ed Koch will not be at the Annual Meeting. USOC has looked at our governance and deemed it lacking. Addressing that issue is why Bill Hickman is not here tonight.

Next meeting is here on November 17, 2014.

The meeting was adjourned at 8:41 p.m.

Respectfully submitted,

Ed Viering
Secretary
Pacific Northwest Track & Field/USATF Pacific Northwest

Editors note: Delegate list/committee assignments were finalized on Oct 24:

Regular delegates (14)

Char Engelhardt- Race Walk
Patti Petesch- Associations
Ivars Ikstrums- Officials
Chris Kunzelman- Youth
Ed Viering- Women's LDR
William Hickman- Rules/L&L
Kenny Emerick- Rules/L&L
Bob Springer – Officials, Masters LDR
Paula Everdell-Brown- Officials
Jim Ryan - Masters T&F
Maria Dalzot- AAC, MUT (voting rep from PNTF)
Becca Peter- Men's T&F (voting rep from PNTF)
Ryan Brown- AAC, Men's T&F (non-voting)
Norris Frederick- AAC, Men's T&F (non-voting)

Alternate Delegates

Mick Holt- Men's LDR
Eric Sach- MUT (non-voting)
Kwajalein Griffin - Women's T&F
Darlene Hickman - Board Secretary
Bill Roe - LDR Division Chair
