

**Minutes of the Pacific Northwest Track & Field / USATF Pacific Northwest Annual Meeting
held September 19, 2016**

President Ivars Ikstrums called the meeting to order at 7:00 p.m. Seattle Parks and Recreation Building at 100 Dexter Ave. N. in Seattle. The following were present: Ivars Ikstrums, Ed Viering, Chris Kunzelman, Carole Langenbach, Bob Springer, Patti Petesch, Neal Stoddard, Bill Roe, Bill Hickman, Bob Langenbach, Darlene Hickman, Becca Peter, Holly Genest, Jim Ryan, Paul Bodenshot, Lance Neubauer, Eric Sach, George Mathews, Alvin Harris, Mark Bloudek, Geof Newing, Steve Kunzelman, Win Van Pelt, Kenny Emerick, Nicole Franklin, Char Engelhardt, Maceo Rivers, Khamille Chappell.

I MINUTES AND EXECUTIVE REPORTS

- A. Welcome and Introductions: President Ivars Ikstrums welcomed the attendees and led introductions.
- B. Verification of Voting Members: Ed Viering explained the voting apportionment set out in the by-laws gives votes to 40 organizations, 16 athletes, 8 coaches, 8 officials and 8 at-large. He confirmed that all of today's adult members are eligible to vote.
- C. Secretary's Report/Minutes: Ed Viering distributed the agenda and latest schedule. He reported that minutes for the August Meeting have been emailed and posted on the website with no amendments required. The minutes were accepted.
- D. Treasurer's Report: Carole Langenbach submitted the report for Gwen Robertson. The report was accepted.

Overall Total as of 9/15/2016: \$132,542.13. Group breakdowns:

General Fund -	\$72,709.45	Masters -	\$7,678.69
Open -	\$21,178.43	Youth -	\$25,035.98
Officials T&C-	\$ 3,326.58	Fred Dean Youth Travel -	\$ 2,613.00

- E. Membership Report: Tracy Silva submitted her report via email.
 - 1. As of 9/18/2016: Youth– 1706; Open– 435; Masters– 684; Clubs– 82.
 - 2. Relative to a year ago: Youth is down 15, Open is up 21, Masters is up 34, Clubs is up 5.
- F. Sanctions Report: Carole Langenbach. We have 200 sanctions so far this year. We already have 6 for next year. Carole believes people are applying early to beat the price increase on Nov 1.
- G. Vice President's Report: Chris Kunzelman. Nothing to report.
- H. President's Report– The State of Our Association: Ivars Ikstrums

The biggest news this year was the doping scandals – to the point where countries couldn't compete in the Olympics. There are certain things connected to the scandals that may have already impacted us. First, sooner or later, every coach will get asked about it. We will be well served if you have an answer ready, which should be along the lines of "If you want to cheat, and get caught, you're out." Second, last year at the National Throws Championship, athletes were tested for the first time. One athlete tested positive. The drug people never notified the meet director afterward. Other than in Open, drug testing is in its infancy. So, if your meet has drug testing, call ahead of time to verify procedures.

We run lots of track and field, race walk, etc. events, but we also have a lot of accreditation and administrative burdens. I would like to recognize some people in the background that have been handling this. Every year, the State of Washington requires us to renew our corporate status with the state, and every year, Bill Hickman takes care of this and gets us renewed on time. The IRS wants our yearly 990 tax form, and Gwen and Carole spend the time every year to do it. Tracy handles our membership and gives us the numbers every meeting. Every time the numbers are read...the room gets quiet. Everyone listens. This shows how important membership is. Patti is our interface to the Associations Committee at USATF. These are the people that can make us happy or miserable. She always does battle for us and always has plenty to report. These are some of the unsung people in the background. We received full accreditation for 2015. The background people do this work so the athletes can go run and not worry about administration.

II COMMITTEE REPORTS

- A. Youth Committee: Holly Genest. Holly's report is at attachment 1.
- B. Open Committee: Bill Roe.
 - 1. Association and Regional XC Championships are coming up. Association on Nov 6 at Lower Woodland Park and Regional on Nov 20 at Lincoln Park. Masters and Open are combined.
 - 2. We had an Open Committee meeting earlier today. We didn't have a quorum to elect a chair, but we made a recommendation to the President.
 - 3. Open participation is growing. We discussed bumping prize money, and the fact that low turnout in July is because Open season is over by then.
 - 4. Ivars stated that, with no Chair elected, and based on the Committee recommendation, the Officers selected Steve Kunzelman for Open Chair.
- C. MUT Committee: Eric Sach.
 - 1. Joe Gray was 1st at World Mountain Championships in Bulgaria. US Women's team took 3rd. Men's team took 1st.
 - 2. National Trail Half Marathon Championship is coming up at Lake Padden in Bellingham for 3rd year in a row.
 - 3. Trail is gaining momentum. Trail athletes are vocal about clean sport.
- D. Masters Committee: Lance Neubauer. Lance's report is at attachment 2.
- E. Race Walk Committee: Steve DiBernardo. No report.
- F. Athletes: Eric Sach.
 - 1. Obstacle course and color run events are starting to hurt road races.
 - 2. Ed pointed out that we had three Olympians this year: Kara Winger, Jeremy Taiwo and Andrea Geubelle.
 - 3. We have two JO National athletes in attendance tonight: Maceo Rivers and Khamille Chappell.
- G. Officials Committee: Geof Newing. Geof's report is at attachment 3. Additionally:
 - 1. Chambers Bay is looking for a National XC Meet.
 - 2. NCAA requires we add a curb at Dempsey Indoor.
 - 3. PAC 12 went well. Rick Sloan complimented the officials and he wants to come back.
- H. Officials Training & Certification: Bill Hickman.
 - 1. We had 142 certified officials in 2014; 166 in 2016; 188 in 2016.
 - 2. Officials have to recertify for next year (new Olympiad). Numbers usually go down because of this.
 - 3. Chris Kunzelman says we are taking a different approach to clinics this year. We are doing 6 clinics, and going on the road to Spokane, Ellensburg, Vancouver and Bremerton. We have lots of support for this from the WIAA Coaches Association. There are 3 refresher/recert clinics in Bellingham/Seattle/Lacey. We are looking for helpers. The goal is better officiating in the High Schools.
- I. Communications: Ivars Ikstrums. The Communication Chair is vacant. Lance has volunteered to take over and the Officers approved him.
- J. USATF Associations Committee: Patti Petesch.
 - 1. There is an infusion of money into the Association Committee. One goal is a closer relationship with Road Runners Club of America. We will pay for 2 people to travel to RRCA convention.
 - 2. A new awards system will replace the old Gold/Silver/Bronze awards. The new system will go through the Regional Reps and will include cash awards.
 - 3. There is concern about low participation at National Club T&F.
 - 4. Paul Bodenshot is new Accreditation Chair.
 - 5. Paul stated that once you cross a certain population threshold, the 10 criteria are a hindrance to full accreditation, Paul's new approach is "We are not the police. We are here to make Associations successful."

6. Due to the struggle between National and Youth—with Youth Executive Committee getting suspended— it was hard to get some things done this year. Tricia Meyer of Illinois was named interim Youth Chair.
7. There are three grievances in play right now across the country.

III BUSINESS

- A. Athlete and At-Large Board Members: Chris Kunzelman.
 1. We need one more athlete rep. Eddie Strickler, Eric Sach and George Mathews agreed to continue and were selected by the Officers.
 2. Bob Langenbach, Patti Petesch and Jim Ryan are interested in continuing as At-Large board members. Char Engelhardt is interested. Officers will choose before the October meeting. We need five.
- B. USATF Annual Meeting Delegates— Patti Petesch.
 1. Patti has talked to a good number of athletes. We may have as many as 6 athletes attend.
 2. Planned attendees so far: Paul Bodenshot, John Patterson, Patti Petesch, Ken Emerick, Bill Hickman, Darlene Hickman, Bob Springer, Bill Roe, George Mathews, Jim Ryan, Becca Peter, Holly Genest, Ivars Ikstrums, Chris Kunzelman, Steve Kunzelman, Paula Everdell
- C. Annual Dinner : Chris Kunzelman. Youth is interested in adding 4 awards. Attendees will only pay \$20—we will cover the rest.
- D. General Comments:
 1. Alvin Harris. At JO Nationals, the email updates went silent after the first day, which was disappointing. Others in attendance noticed this as well. As it turns out, the webmaster had gone on vacation and we did not have a contingency plan. It was pointed out that the Facebook updates were a better news source. Also, Dion Keeton started a Region 13 Facebook page. Coaches sent Patti a lot of info which she tried to forward as much as possible.
 2. Becca Gillespy. Thank you for your help at Masters Decathlon. The athletes had very positive comments.
- E. Election of Officers: Carole Langenbach.
 1. All four of our Officers— Ivars Ikstrums, Chris Kunzelman, Gwen Robertson and Ed Viering— volunteered to run again for their position and were nominated.
 2. Kenny Emerick was also nominated for President.
 3. The floor was opened for additional nominations. There were none. It was moved and seconded to approve the three unopposed candidates by acclamation. The motion passed.
 4. Carole presented rationale for nominating Ivars. Char presented rationale for nominating Kenny. A secret ballot was conducted and votes were counted by Mark Bloudek, Paul Bodenshot and Geof Newing. Ivars received the most votes.
 5. The elected officers are:
 - i. President – Ivars Ikstrums
 - ii. Vice President – Chris Kunzelman
 - iii. Treasurer – Gwen Robertson
 - iv. Secretary – Ed Viering
- E. Next Meeting. The next meeting was confirmed for October 17.

IV ADJOURNMENT

- A. The meeting was adjourned at 8:35 PM.

Respectfully submitted,

Ed Viering

Secretary
Pacific Northwest Track & Field / USATF Pacific Northwest

Attachment 1 Youth Report
Attachment 2 Masters Report
Attachment 3 Officials Report

**YOUTH COMMITTEE REPORT
2016 YEAR IN REVIEW**

Submitted by
Holly Genest, Youth Chair

2015 Youth Cross Country

JO X-C Nationals was held in Albuquerque, NM. Cascade Striders 11-12 Boys team took 1st place!

2016 Youth Track 'n Field

-We had many more indoor track meets available this year, thanks to the venues in Centralia, Portland and EWU.

-800+ participants at the JO Association meet.

-1500+ participants at the JO Regional meet (we hosted).

-248 athletes from PNA attended JO Nationals; 8 gold medalists, 14 silver, 12 bronze

USATF Level 2 Coaching Scholarships

We granted two USATF Level 2 Coaching scholarships this year – Rob Thomas of XTreme Speed and Kevin Jackson of Auburn Elite. Both shared their experiences at the Youth Annual meeting.

Inland NW & Oregon Associations

PNA, Inland NW and Oregon associations' Youth Chairs have been working very closely together in 2016, more than we have ever experienced in the past. INW's Youth Chair, Chris Lowe, has initiated writing an SOP for the JO Regional T 'n F meet.

2018 JO Cross Country National Championship bid

The PNA has submitted a Letter of Intent to Bid for the 2018 JO Cross Country National Championship. The bid application will be submitted by September 30. We will present at the USATF Annual Convention in December.

2016 USATF - Pacific Northwest – Masters Track and Field Report for Annual meeting

Meets 2016

6/4/2016 – Seattle Parks Open & Masters Preview Meet (73 registered)

7/30/2016 – PNW Open & Masters Championship (77 registered)

8/6-8/7/2016 – *Masters Combine Event Championship (Decathlon 41, heptathlon 5)

8/20/2016 – SMAC 9 – PNW Throws Pentathlon and Ultra Pentathlon Championship (Throws Pent - 16, Ultra – 8, Unique 19)

Proposed Meets 2017

On hold pending the renovation schedule for West Seattle Stadium.

We are hoping to host the National Championship for the Throws Pentathlon and Ultra Weight pentathlon again.

Chairman's Assessment

Assets: Our reputation running quality meets, our people, the organization, especially the commitment of our officials. And our meet management skills.

Liability: West Seattle Stadium availability, specifically lacking at other facilities is hammer throwing area making it difficult to move the meet. Lack of pole vault pit and safe high jump pit also caused us issues with participation and safety this year.

Needs:

1. Hammer cage repairs and safety improvements
2. Additional slab for Ultra Weight Throwing
3. Infield Shot Put Cage
4. Additional cage/wing (right sector) on the NW Shot Put / Weight throw ring.
5. Javelin Runway Paint
6. Pole Vault Pit
7. High Jump Pit
8. Discus Circle - Dome

Will continue to address – equipment needs and acquisition of new equipment to make the meets run smoother and ensure new and traveling athletes have implements and blocks available. 2017- Adding additional Ultra Weight implements.

2016 saw us solve a number of issues with the import and setup of our master's meets in Hy-Tek, making the process smoother and more accurate.

I would like to know if Meet Pro is in the plans for any of the other groups.

“*” – listed because it's a master's meet, meet director Becca.

Lance Neubauer

PNTF Masters Committee Chair

Pacific Northwest Track & Field officials
Annual Report 9/19/2016

1. Cross Country

- a. University of Washington
 - a. Sundodger
 - b. UW Invitational
 - c. PLU Championship
 - d. GNAC Championship
 - e. UW vs SU at Chambers Bay
- b. High School, Seamount League Cross Country

2. Track & Field

- a. UW
 - i. Indoor both college and high school
 - ii. Mountain Pacific Indoor Championships
 - iii. Ken Shannon Invitational
 - iv. Pac 12 Championships
 - v. Seattle Pacific Invitational
- b. High School
 - i. Woodinville HS
 - ii. Seattle Academy
 - iii. Skyline HS
 - iv. Arnie Young Invitational
 - v. Junita HS
 - vi. League and District meets
 - vii. State HS Championship Meet
 - viii. Seattle Parks
 - ix. Special Olympics
 - x. JO Regionals
 - xi. Masters meet at West Seattle Stadium
 - xii. Brooks Invitational at Renton Stadium

3. Equipment

- a. New color LED Scoreboard for event scores (6' X 16'). The older LED scoreboard was taken apart to make 6 field events boards. Two additional boards are ordered so all field events will have a performance color LED board. We still have the older non color display board.
- b. Up dated 10 Field Lynx laptop computers to larger screens.
- c. Purchased a larger trailer (22').

- d. Purchased field stakes for cross country.
- e. IPICE Light chip reader for split times. This is in addition to the Elite chip reader we already have.
- f. Running clock at the 200 m start.
- g. Two laptop computers dedicated to cross country.
- h. Laser measuring devices for field events.
- i. Hy-Tek Contractors license per year.
- j. Miscellaneous equipment as needed for repairs and replacement

4. For the Officials

- a. Officials annual meeting in January with free dinner.
- b. Summer BBQ, approximately 40 officials attended.
- c. BBQ lunch for officials at the State T&F Meet