

2015 USATF Pacific Northwest Open and Masters Cross Country Championships

"Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

Community 2000-meter Run

Plc	Name	M/F	Age	Team	Time
1	Hoff, Nate	M	9	Unattached	9:57
2	Hoff, Bruce	M	52	Unattached	9:59
3	Jinguji, Kelly	M	14	Unattached	10:10
4	Fuller, Karissa	M	28	Unattached	10:23
5	Jinguji, James	M	9	Unattached	14:12
6	Jinguji, LeeAnn	M	48	Unattached	14:25
7	Hoff, Rachel	F	9	Unattached	17:33
8	Hoff, Jeanne	M	45	Unattached	19:15

No team scores for this event.

Community 2000-meter Run

Plc	Name	M/F	Age	Team	Time
1	Salazar, Daniel	M	50	Guerilla RC	17:41
2	McDevitt, Colin	M	10	Unattached	20:25
3	Jinhguji, Tom	M	51	Unattached	23:56
4	Stoddard, Neal	M	72	Unattached	26:47

No team scores for this event.

Masters Women 6000-meter Run

Plc	Name	Div	Team	Time	Div Pl
1	McDevitt, Janet	F40	Club Northwest	22:33	1
2	Lapham, Gwen	F45	Club Northwest	23:07	1
3	Farrell, Marlene	F40	Seattle RC	23:41	2
4	Ellis, Nancy	F40	Tacoma City RC	23:51	3
5	Lesko, Sarah	F45	Oiselle RC	24:31	2
6	Bergesen, Sally	F45	Oiselle RC	25:11	3
7	Ward, Susan	F45	Seattle RC	25:37	4
8	Tower, Alyssa	F50	Club Northwest	25:47	1
9	Cruzan, Amber	F45	Seattle RC	26:12	5
10	Hack, Shelly	F40	Eastside Runners	26:41	4
11	Fletcher, Deborah	F45	Club Northwest	26:44	6
12	Kruell, Kelly	F55	Club Northwest	27:27	1
13	Richards, Mary	F50	Seattle RC	28:29	2
14	Salazar, Tatiana	F45	Guerilla Running	28:52	7
15	Rozler, Jennifer	F45	Eastside Runners	29:46	8
16	Villalobos, Aide	F40	Guerilla Running	35:20	5

2015 USATF Pacific Northwest Open and Masters Cross Country Championships

"Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

17 Nelson, Phyllis F65 Eastside Runners 36:44 1

Team scores: F40

Rank	Team (scoring members)	Score
1	Club Northwest (McDevitt, Lapham, Tower)	8
2	Seattle RC (Farrell, Ward, Cruzan)	13
3	Eastside Runners (Hack, Roller, Nelson)	30

Masters Men 6000-meter Run

Plc	Name	Div	Team	Time	Div Pl
1	Alexander, Samuel	M40	Club Northwest	19:43	1
2	Steidl, Ulrich	M40	Seattle RC	20:18	2
3	Hashimoto, Jeff	M40	Club Northwest	20:46	3
4	Bowden, Nicholas	M40	Club Northwest	20:51	4
5	Fraser, Ian	M40	Club Northwest	20:53	5
6	Sauvage, Ben	M45	Club Northwest	20:56	1
7	Crowther, Gregory	M40	Seattle RC	21:04	6
8	McCulloch, David	M45	Club Northwest	21:11	2
9	Young, Tony	M50	Club Northwest	21:17	1
10	Bloudek, Mark	M40	Club Northwest	21:45	7
11	Bartholomy, Jake	M40	Club Northwest	21:46	8
12	O'Hearn, John	M50	Club Northwest	21:51	2
13	Donahue, Mark	M40	Club Northwest	21:52	9
14	Sheeran, Joe	M55	Club Northwest	21:52	1
15	Mannino, Paul	M40	Seattle RC	22:01	10
16	Logan, Lance	M50	Club Northwest	22:08	3
17	Winter, Carl	M45	Club Northwest	22:14	3
18	Smith, Michael	M55	Club Northwest	22:14	2
19	Davies, Mark	M40	Seattle RC	22:19	11
20	StClair, Tom	M45	Guerilla Running	22:39	4
21	Abdalla, Paul	M50	Club Northwest	22:51	4
22	Messiter, Sean	M45	Club Northwest	22:59	5
23	Ames, Zachary	M40	Dark Horse Int'l	23:09	12
24	Dickson, Craig	M45	Guerilla Running	23:11	6
25	Johnson, John	M45	Guerilla Running	23:46	7
26	Jaspersen, Phillip	M45	Guerilla Running	23:50	8
27	DeLuca, Thomas	M50	Guerilla Running	23:52	5
28	Johannesen, Jay	M50	Club Northwest	23:58	6
29	Brennand, Bob	M50	Club Northwest	24:01	7
30	Beyerlein, Greg	M60	Club Northwest	24:04	1
31	Richardson, William	M40	Club Northwest	24:05	13
32	Parker, Todd	M45	Guerilla Running	24:25	9
33	Motteler, Frederick	M55	Club Northwest	24:26	3

2015 USATF Pacific Northwest Open and Masters Cross Country Championships

"Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

34	Kenworthy, Craig	M50	Club Northwest	24:28	8
35	Brown, Ian	M50	Club Northwest	24:35	9
=====					
Plc	Name	Div	Team	Time	Div PI
=====					
36	Hunter, Edward	M50	Unattached	24:39	10
37	Salazar, Daniel	M50	Guerilla Running	24:50	11
38	Sizer, Kent	M60	Seattle RC	24:52	2
39	Wulfman, Eric	M45	Unattached	24:55	10
40	Henry, Brandon	M60	Eastside Runners	25:21	3
41	Stevens, Van	M40	Guerilla Running	25:26	14
42	Villeneuve, Denis	M55	Eastside Runners	25:30	4
43	Zyskowski Jr, Jerry	M60	Club Northwest	25:34	4
44	Richards, Cliff	M50	Seattle RC	25:35	12
45	Heimann, Erik	M40	Guerilla Running	25:42	15
46	Allison, Michael	M60	Club Northwest	26:16	5
47	Barney, Ed	M60	Eastside Runners	26:35	6
48	Parsons, David	M60	Eastside Runners	26:38	7
49	Longmuir, David	M65	Eastside Runners	27:02	1
50	Waters, William	M65	Eastside Runners	27:09	2
51	Mann, Frazer	M65	Eastside Runners	27:18	3
52	Harvey, Scott	M65	Club Northwest	28:24	4
53	Gibson, Stephen	M50	Seattle RC	28:36	13
54	McDermott, John	M50	Club Northwest	29:22	14
55	Anderson, David	M60	Eastside Runners	29:54	8
56	McBride, Phil	M60	Eastside Runners	29:55	9
57	Hoff, Bruce	M50	Seattle RC	30:08	15
58	Corroone, Richard	M65	Eastside Runners	30:28	5
59	McGill, James	M65	Club Northwest	30:48	6
60	McKay, Peter	M50	Club Northwest	30:59	16
61	Dross, Harry	M70	Syracuse TC	31:42	1
62	Mitchell, Mark	M60	Eastside Runners	31:55	10
63	Dwyer, Patrick	M65	Eastside Runners	33:04	7
64	Yamamoto, Osamu	M65	Eastside Runners	34:02	8

Team scores: M40

Rank	Team (scoring members)	Score
1	Club Northwest	19
2	Seattle RC	54
3	Guerilla Running	80

Team scores: M50

Rank	Team (scoring members)	Score
1	Club Northwest A	15

2015 USATF Pacific Northwest Open and Masters Cross Country Championships

"Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

2 Club Northwest B

55

Team scores: M60

Rank	Team	Score
1	Club Northwest	8
2	Eastside Runners A	14
3	Eastside Runners B	25

Women's 6000-meter Run

Plc	Name	Team	Time
1	Schultz, Amber	Club Northwest	21:43
2	Ricardi, Jane	Club Northwest	21:49
3	Steen, Katelyn	Club Northwest	22:07
4	Austin, Caroline	Seattle RC	22:17
5	Garcia, Kristen	Whatcom Tesseract	22:21
6	Crossman, Bronwyn	Whatcom Tesseract	22:26
7	Nichols, Ashley	Club Northwest	22:30
8	Lacey, Lana	Club Northwest	22:45
9	Garvue, Andrea	Club Northwest	22:58
10	Grimm, Stephanie	Seattle RC	23:03
11	Watson, Ruby	Whatcom Tesseract	23:10
12	Monagle, Annie	Club Northwest	23:22
13	Lyle, Meghan	Club Northwest	23:39
14	Ffitch, Taylor	Club Northwest	23:53
15	Mcmurtry, Alma	Whatcom Tesseract	24:03
16	Knutson, Cathleen	Oiselle RC	24:05
17	Smith, Alison	Seattle RC	24:15
18	Houk, Kristi	Club Northwest	24:25
19	Armstrong, Petra	Whatcom Tesseract	24:30
20	Fullerton, Kelly	Dark Horse Int'l	24:32
21	Liu, Sophia	Seattle RC	24:36
22	Impastato, Kate	Seattle RC	24:43
23	George, Rhea	Club Northwest	24:45
24	Ringer, Talia	Club Northwest	25:05
25	Bliesner, Sarah	Seattle University	25:08
26	Salzwedel, Adrienne	Club Northwest	25:30
27	Brain, Emily	Oiselle RC	25:48
28	Hawley, Wendi	Oiselle RC	26:19
29	Henty, Danielle	Oiselle RC	26:48
30	Boyes, Kayla	Dark Horse Int'l	26:56
31	Phelan, Katelen	Seattle RC	27:30
32	Hoshijo, Kai	Seattle University	27:52
33	Toop, Amanda	Oiselle RC	28:18

2015 USATF Pacific Northwest Open and Masters Cross Country Championships

"Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

34	Gussin, Emily	Dark Horse Int'l	28:28
35	Saunders, Karina	Seattle RC	28:40
36	Graham, Jessica	Oiselle RC	29:05
37	Griffin, Maryclare	Dark Horse Int'l	30:34
38	Reilly, Stefanie	Oiselle RC	30:50

Open Women's Team Scores:

Rank	Team	Score	Total Time	Gap	1	2	3	4	5	6	7	8
1	Club Northwest A	21	1:50:54	1:02	1	2	3	7	8	9	12	18
2	Whatcom Tesseract	56	1:56:30	2:09	5	6	11	15	19	—	—	—
3	Seattle RC	72	1:58:54	2:26	4	10	17	20	21	28	—	—
4	Club Northwest B	96	2:02:52	1:51	13	14	22	23	24	—	—	—
5	Oiselle RC	123	2:11:18	4:13	16	25	26	27	29	30	31	—

Men's 10,000-meter Run

Plc	Name	Team	Time
1	Bridges, Seth	Club Northwest	32:54
2	Mandi, Mark	Club Northwest	33:01
3	Barkhaus, Erik	Seattle RC	33:30
4	Reed, Chris	Club Northwest	33:34
5	Welch, Nick	Club Northwest	33:41
6	VanDooren, Tyler	Club Northwest	33:52
7	Laverty, Keith	Seattle RC	34:04
8	Rockhill, Alex	Club Northwest	34:13
9	Redfield, Stefan	Seattle RC	34:30
10	Steidl, Uli	Seattle RC	34:57
11	Williams, Evan	Seattle RC	35:00
12	Gordon, Michael	Blue Mntn Endurance	35:09
13	Walsh, Spencer	Club Northwest	35:13
14	Richards, Nathan	Club Northwest	35:30
15	Thompson, Lance	Seattle RC	35:34
16	Winegar, Brett	Club Northwest	35:40
17	Martin, Luke	Club Northwest	36:10
18	Boudouris, Eli	Seattle U	36:12
19	Solinsky, Ryan	Club Northwest	36:16
20	Dittell, Sandy	Club Northwest	36:24
21	Greathouse, Lee	Dark Horse Int'l	36:43
22	Creighton, Joe	Seattle RC	37:06
23	Flynn, Kian	Club Northwest	37:19
24	Waters, Charlie	Club Northwest	37:25
25	Olson, Collin	Seattle U	37:52
26	Kane, Thorin	Seattle RC	38:02
27	Davidson-Turner, Cal	Seattle U	38:07
28	Shaikh, Waqar	Club Northwest	38:40

2015 USATF Pacific Northwest Open and Masters Cross Country Championships

“Upper” Lower Woodland Park, Seattle, WA • Sunday, November 1

29	Reed, Andrew	Club Northwest	39:13
30	Colpitts, Cameron	Seattle RC	39:27
31	Kyker, Rob	Club Northwest	39:53
32	Giusti, Ambro	Seattle RC	40:20
33	Crowell, Benjamin	Unattached	40:28
34	Walston, Stephen	Seattle RC	40:50
35	James, Karsten	Dark Horse Int'l	40:56
36	Hoffman, Gunner	Whatcom Tesseract	41:03
37	Davidson, David	Seattle RC	41:16

Open Men's Team Scores:

Rank	Team	Score	Total Time	Gap	1	2	3	4	5	6	7	8
1	Club Northwest A	18	2:47:02	0:58	1	2	4	5	6	8	13	16
2	Seattle RC	40	2:52:38	2:04	3	7	9	10	11	14	19	23
3	Club Northwest B	82	3:00:52	2:06	12	15	17	18	20	21	24	25

40-44 Women Masters Women - 6 km			
Name	Affiliation	Time	Place
Janet McDevitt	Club Northwest	22:33	1
Marlene Farrell	Seattle Running Club	23:41	2
Nancy Ellis	Tacoma City Running Club	23:51	3
Shelly Hack	Eastside Runners	26:41	4
Aide Villalobos	Guerilla Running	35:20	5
Paula Montgomery	Oiselle Running Club	DNS	

2015 USATF Pacific Northwest Open and Masters Cross Country Championships
 "Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

45-49 Women Masters Women - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Gwen Lapham	Club Northwest	23:07	1
Sarah Lesko	Oiselle	24:31	2
Sally Bergesen	Oiselle	25:11	3
Susan Ward	Seattle Running Club	25:37	4
Amber Cruzan	Seattle Running Club	26:12	5
Deborah Fletcher	Club Northwest	26:44	6
Tatiana Salazar	Guerilla Running	28:52	7
Jennifer Rozler	Eastside Runners	29:46	8

50-54 Women Masters Women - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Alyssa Tower	Club Northwest	25:47	1
Mary Richards	Seattle Running Club	28:29	2

55-59 Women Masters Women - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Kelly Kruell	Club Northwest	27:27	1
65-69 Women Masters Women - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Phyllis Nelson	Eastside Runners	36:44	1

2015 USATF Pacific Northwest Open and Masters Cross Country Championships
 "Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

40-44 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Samuel Alexander	Club Northwest	19:43	1
Ulrich Steidl	Seattle Running Club	20:18	2
Jeff Hashimoto	Club Northwest	20:46	3
Nicholas Bowden	Club Northwest	20:51	4
Ian Fraser	Club Northwest	20:53	5
Gregory Crowther	Seattle Running Club	21:04	6
Mark Bloudek	Club Northwest	21:45	7
Jake Bartholomy	Club Northwest	21:46	8
Mark Donahue	Club Northwest	21:52	9
Paul Mannino	Seattle Running Club	22:01	10
Mark Davies	Seattle Running Club	22:19	11
Zachary Ames	Dark Horse International	23:09	12
William Richardson	Club Northwest	24:05	13
Van Stevens	Guerilla Running	25:26	14
Erik Heimann	Guerilla Running	25:42	15
Eric Bone	Seattle Running Club	DNS	
Mark Brinkhaus	King Cobras Track & Field	DNS	
Destry Johnson	Seattle Running Club	DNS	
Michael Ohare	Seattle Running Club	DNS	

2015 USATF Pacific Northwest Open and Masters Cross Country Championships
"Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

45-49 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Place</u>
Ben Sauvage	Club Northwest	20:56	1
David McCulloch	Club Northwest	21:11	2
Carl Winter	Club Northwest	22:14	3
Tom StClair	Guerilla Running	22:39	4
Sean Messiter	Club Northwest	22:59	5
Craig Dickson	Guerilla Running	23:11	6
John Johnson	Guerilla Running	23:46	7
Phillip Jaspersen	Guerilla Running	23:50	8
Todd Parker	Guerilla Running	24:25	9
Eric Wulfman	Upper Valley Track Club	24:55	10

2015 USATF Pacific Northwest Open and Masters Cross Country Championships
 "Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

50-54 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Tony Young	Club Northwest	21:17	1
John O'Hearn	Club Northwest	21:51	2
Lance Logan	Club Northwest	22:08	3
Paul Abdalla	Club Northwest	22:51	4
Thomas DeLuca	Guerilla Running	23:52	5
Jay Johannesen	Club Northwest	23:58	6
Bob Brennand	Club Northwest	24:01	7
Craig Kenworthy	Club Northwest	24:28	8
Ian Brown	Club Northwest	24:35	9
Edward Hunter	Three Rivers Road Runners	24:39	10
Daniel Salazar	Guerilla Running	24:50	11
Stephen Gibson	Seattle Running Club	28:36	12
Cliff Richards	Seattle Running Club	25:35	12
John McDermott	Club Northwest	29:22	13
Bruce Hoff	Seattle Running Club	30:08	14
Peter McKay	Club Northwest	30:59	15
David White-Espin	Club Northwest	DNS	

2015 USATF Pacific Northwest Open and Masters Cross Country Championships
 "Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

55-59 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Joe Sheeran	Club Northwest	21:52	1
Michael Smith	Club Northwest	22:14	2
Frederick Motteler	Club Northwest	24:26	3
Denis Villeneuve	Eastside Runners	25:42	4
Russell Otani	Eastside Runners	DNS	
60-64 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Greg Beyerlein	Club Northwest	24:04	1
Kent Sizer	Seattle Running Club	24:52	2
Brandon Henry	Eastside Runners	25:21	3
Jerry Zyskowski Jr	Club Northwest	25:34	4
Michael Allison	Club Northwest	26:16	5
Ed Barney	Eastside Runners	26:35	6
David Parsons	Eastside Runners	26:38	7
David Anderson	Eastside Runners	29:54	8
Phil McBride	Eastside Runners	29:55	9
Mark Mitchell	Eastside Runners	31:55	10

2015 USATF Pacific Northwest Open and Masters Cross Country Championships
 "Upper" Lower Woodland Park, Seattle, WA • Sunday, November 1

65-69 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
William Waters	Eastside Runners	27:09	1
David Longmuir	Eastside Runners	27:02	2
Frazer Mann	Eastside Runners	27:18	3
Scott Harvey	Club Northwest	28:24	4
Richard Corroone	Eastside Runners	30:28	5
James McGill	Club Northwest	30:48	6
Patrick Dwyer	Eastside Runners	33:04	7
Osamu Yamamoto	Eastside Runners	34:02	8
Tom Cotner	Club Northwest	DNS	
David Harris	Club Northwest	DNS	
70-74 Men Masters Men - 6 km			
<u>Name</u>	<u>Affiliation</u>	Time	Place
Harry Dross	Syracuse Track Club	31:42	1