

What to Expect

Junior Olympic Cross Country Association Championship



PARKING will be at a premium this Saturday. In addition to the dirt lot at N. 50th & Hwy 99, additional parking is available east of the course near the playfields on Green Lake Way North and at the north end of the course (just beyond point □A□ on the course map) accessible from West Green Lake Way (take the road up the hill past the tennis courts and the off-leash area). And if you don't mind paying for parking, you can park at Woodland Park Zoo.

BATHROOMS are available near picnic shelter # 3 (concessions), near picnic shelter # 6 (just beyond point □A□ on the course map) as well as Honey Buckets.

RACE NUMBER PICK UP will be available at the large white tent starting at 7:30am Saturday and will remain available all day. Teams need to designate one person from their club to pick up the team packet.

Please review your packet and inform us of any changes that should be addressed *at least one hour before race time*.

CONCESSIONS and T-SHIRTS/SWEATSHIRTS will be available for purchase.

RESULTS will be posted outside the white awards tent near the finish line.

CORRECTIONS/PROTESTS - *Corrections/protests must be made within 30 minutes of results being posted.* If you question the outcome of results, please go to the main white tent with your Head Coach.

AWARDS will be presented once results have been posted for 30 minutes without changes/protests.

Top 35 athletes and top 5 teams qualify for Junior Olympic Region 13 Championships, November 18th, at Woodland Park, Seattle, WA.

Registration deadline for the USATF Region 13 Championships is 8:00pm, Wednesday, November 15th. Register online at athletic.net. Cost is \$15.

The top 30 athletes and 5 teams at the Region 13 Championships will qualify for the National Championships, Saturday, December 9th at Apalachee Regional Park, Tallahassee, FL.