



65TH ANNUAL OPEN TRACK & FIELD CHAMPIONSHIPS

Wednesday, July 10, 2019 -- Meet 7 of the CNW All-Comers Series
Shoreline Stadium, NE 185th St & Fifth Ave NE, Shoreline, WA



Eligible athletes: 16-and-older (see note below), and must be current USATF members (membership available on-line at www.usatf.org or using a paper form at the stadium.)

Entry: As part of the 51st Annual Club Northwest Summer All-Comers Track & Field Series, events are integrated into the regular schedule spread. You can wait to enter at the meet, but the most efficient way to handle your entry will be to enter on the link on the Club Northwest web site at club-northwest.org

Points cup / prize money and event schedule: Events which will be considered for the points championship will be offered:

Table with 2 columns: Field Events and Track Events. Lists times and event names for both categories, including notes on hammer facilities and 10,000-meter qualifying times.

All performances in the above events which are made by eligible USATF-Pacific Northwest Championships' participants will be scored on the IAAF Event Scoring tables. The top five overall performances across all events will be awarded first through fifth \$500-\$400-\$300-\$200-\$100.

Additional awards: The top three finishers in each event will be awarded Association championship ribbons or medals. The awards table will be on the infield behind the clerking station.

Participation by masters and eligible high school athletes: Open championships are intended to serve the open athlete community in each Association who are post-high school and not yet of masters' age.

Identifying our participants: Other details for the Championships will be the same as competing in the All-Comers series, in that you enter events at the entry desk and check in in a timely manner at the field event area or the clerks.

Information contact is Bill Roe, PNTF Open Chair and All-Comers Series Director
Cell number 360-739-2105 • E-mail tracknet@mac.com