



2016 SMAC 9 Pacific NW Throws Pentathlon Championship & USATF Masters Northwest Region Ultraweight Pentathlon Championship

*Hosted by the Seattle Masters Athletic Club
and the
USATF Pacific NW Association Masters Committee*

This is a USATF-Sanctioned Event

Online registration preferred – [Click Here to Register](#)

- Throws Pentathlon starts in the morning.
- Ultraweight Pentathlon follows the Throws Pentathlon.
- 5th event for the Throws Pentathlon (weight throw) is also the 1st event for the Ultraweight Pentathlon; this weight throw will count for both pentathlons.
- 9 events total.

ONLY THE FIRST 24 ATHLETE ENTRIES ACCEPTED, TWO FLIGHTS

West Seattle Stadium, Seattle, Washington

August 20, 2016

First flight starts at 8:00 a.m. Second 9:00 a.m. Flights determined by age/gender mix of entries. Flights will be posted on www.pntf.org by 8/18.

Weigh-ins 6:30 a.m. Must submit personal implements no later than one hour before start of individual assigned flights.

<hr/>		male	female
Last Name	First Name		
<hr/>			
Club Membership(Required)	age (on 8/20/2016)	2016 USATF	
<hr/>			
Address	City	State	Zip Code
<hr/>			
Phone	Email		
On-Time Entry Deadline: Postmarked on or before August 12.			

2016 SMAC 9 Throws Championships

<i>Event</i>	<i>Amount</i>	<i>Total</i>
<input type="checkbox"/> <i>Throws Pentathlon or</i>	<i>\$30</i>	_____
<input type="checkbox"/> <i>Ultraweight Pentathlon</i>	<i>\$30</i>	_____
<i>Second Pentathlon (Check if applicable)</i>		
<input type="checkbox"/> <i>Ultraweight Pentathlon</i>	<i>\$20</i>	_____
<i>Lunch - at conclusion of 5th event</i>	<i>\$10</i>	_____
<i>Late Fee (postmarked after 8/12), Additional \$15</i> <i>Accepted if space is available. No day of meet entries</i>		_____
<i>Officials Association Fund donation (optional)</i>		_____
<i>TOTAL \$ (entry fee are non-refundable)</i>		_____

Make check payable to: Seattle Masters A.C.

Mail check to: George Mathews, 1323 Ave. D, #1541 Snohomish, WA 98291

Contact: George Mathews Phone: 208-691-0193, E-Mail: george.mathews99@gmail.com

Waiver: I do hereby legally bind myself, my heirs, executors, and administrators to waive, release and discharge any and all rights, claims and damages that I may have against USATF, USATF Pacific NW Association, George Mathews, Seattle Masters A.C., Pacific NW Officials Assoc., their agents, representatives, employers or sponsors for any and all injuries, damages and/or claims which might otherwise have arising out of said event. I hereby attest that I have full knowledge of the risk involved in competing in this event and am physically fit and sufficiently trained to participate in this event. By entering this competition, I grant USA Track & Field, Inc. a limited license to use my name, likeness, image, voice, video, athletic performance, biographical and other information, in any format whatsoever, and to distribute, broadcast and exhibit these without charge, restriction or liability, but only for the purposes of advertising or promoting the sport of Athletics. In no event, however, will such usage constitute an endorsement of any product or service without my specific written consent.

All athletes, officials and volunteers in order to participate in this meet will be required to sign USATF Sanction waiver on the day of meet. No exceptions.

Signature (required)

date



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**
Specific Event Waiver Form for ADULTS (Age 18 or older)

Event Name: SMAC 9

Event Date(s): August 20, 2016

Event Location: West Seattle Stadium, Seattle WA

Sanction #: 16-36-116

For and in consideration of USA Track & Field, Inc. ("**USA Track & Field**") allowing me, the undersigned, to participate in the USA Track & Field sanctioned event described above (the "**Event**" or "**Events**"); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "**Agreement**");

1. I hereby represent that (i) I am at least eighteen (18) years of age or older; (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sport of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("**Risks**"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.
3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USA Track & Field, Inc., its members, member clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (**Individually and Collectively, the "Released Parties" or "Event Organizers"**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("**Liability**") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Print Name: _____ Age: _____ Date of Birth: _____ / _____ / _____ Male Female

Home Address: _____ Home Tel.: (____) _____

X _____
Signature of Participant

_____/_____/_____
Date Signed

Revised 10/14/2010