



FSP invite - Nino Cantu Run For Autism

Apr 27, 2024

Skyline High School

1122 228th Ave SE, Sammamish, WA 98075

Packet Pickup/Gates Open 8:00am

Coaches Meeting 8:30am

MEDALS AWARDED FOR 1ST 2ND & 3RD PLACE

This will be ran on a rolling schedule

10am- 80m Hurdles

11-12G

11-12-B

10:20am- 100m Hurdles

13-14G

13-14B

15-16G

10:40am- 110M Hurdles

15-16B

10:50am- 100M Prelim

5-6G (Timed Final)

5-6B (Timed Final)

7-8G (Timed Final)

7-8B (Timed Final)

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

12:15pm- 50m Run

5-6G

5-6B

7-8-G

7-8-B

12:45pm- 1500m

7-8G

7-8B

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

1:30pm-4x100m Relay

7-8G

7-8B

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

3:00pm- 400m

7-8G

7-8B

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

4:30pm- 200m Hurdles

13-14G

13-14B

5:00pm- 100M Finals

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

5:30pm- 800m

7-8G

7-8B

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

6:30pm- 200m

7-8G

7-8B

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

7:30pm- 4x400m Relay

7-8G

7-8B

9-10G

9-10B

11-12G

11-12B

13-14G

13-14B

15-16G

15-16B

Field Events:

High Jump:

9:30am

9-10G

9-10B

10:30am

11-12G

11-12B

11:00am-

13-14G

13-14B

12:00pm

15-16G

15-16B

10:00am Long Jump:

7-8G

7-8B

11:00am

9-10G

9-10B

12:00pm

11-12G

11-12B

1:00pm

13-14G

13-14B

2:00pm

15-16G

15-16B

10am- Shot Put:

7-8G

7-8B

11:00am

9-10G

9-10B

12:00pm

11-12G

11-12B

1:00pm

13-14G

13-14B

2:00pm

15-16B

15-16G

12pm- Javelin

7-8G

7-8B

1:00pm

9-10G

9-10B

2:00pm

11-12G

11-12B

3:00pm

13-14G

13-14B

4:00pm

15-16B

15-16G