

**Minutes of the Pacific Northwest Track & Field / USATF Pacific Northwest Assoc. Annual Meeting
held September 17, 2023**

President Ken Emerick called the meeting to order at 1:01 p.m. at WIAA Headquarters, 435 Main Avenue S., Renton, WA. The following were present:

PRES	Ken Emerick	YTH	Holly Genest	OTC	Bob Springer	A-L	Carole Langenbach
VP		OPEN	Tony Monroe	ATH	Trisha Steidl	A-L	Patti Petesch
SEC	Paul Kiehn	MAST	George Mathews	ATH		A-L	Ed Viering
TRES	Melita Aquino	COAC	Kevin Jackson	ATH		A-L	Jim Ryan
IPP	Ivars Ikstrums	OFF	Geof Newing	ATH		A-L	Paula Everdell
Other Assoc. Attendees	Darwin Peters Sue Hoppe Leo Ahearn		Shartrice Peters Ian Young Jaden Eisma		Bob Langenbach Darryl Genest		Suzanne Kiehn Ron Atkins

I. MINUTES AND EXECUTIVE REPORTS

- A. Welcome and Introductions: President Kenny Emerick welcomed the attendees and led introductions.
- B. Secretary's Report, Paul Kiehn: Noted that there was a quorum present and that everyone in attendance had been verified as eligible to vote in the election. The minutes for the 2022 Annual meeting were emailed out. The minutes were accepted by acclamation.
- C. Treasurer's Report, Melita Aquino: Reported that the Association's Finances were in good shape & summarized the numbers. Attachment 1 reflects the status as of Sept. 2023, and the report was accepted.
- D. Membership Report: Tracy Pleiman not present. No report.
- E. Sanctions / Office Manager's Report: Carole Langenbach. Reported that we have 173 sanctions so far in 2023, compared to 153 last year, 137 in 2021, and 102 in 2020 (COVID year). We have 1 for 2024 so far.
- F. Vice President's Report: Carol Coram not present. No report.
- G. President's Report: Ken Emerick.
 1. The state of our Association: PNTF weathered COVID well, is growing and is in good shape financially, and in terms of overall membership / participation. Noted that his term was ending & was happy to have served for the past 6 years. Thanked the membership for their support. Noted that PNTF Youth, Open, and Masters athletes have had many outstanding performances during the past year at National & International level meets.

II. COMMITTEE REPORTS

- A. **Youth:** Holly Genest.
 1. Noted that our Youth 2022 XC meet had 586 participants, which was an increase over 2021 which had 425.
 2. We hosted 2022 Youth XC Regionals @ Chambers Creek & had 806 participants. PNTF had 168 athletes participate @ the 2022 Youth XC Nationals out of a total participation of 2800.
 3. 2023 Youth Association XC meet will be Nov. 11th @ Magnuson Park.
 4. 2023 Youth XC Regionals will be Nov. 18th, hosted by Inland NW & held in Farragut State Park, Athol, ID.
 5. 2023 Youth XC Nationals will be Dec 9th & held in Louisville Kentucky
 6. Noted that Youth club meets often had a challenge with getting timing support this past year & had to get creative.
 7. Great turnout @ J.O. T&F meets this past summer; >1300 at our PNTF Association meet; >1500 @ Regionals.
 8. 479 PNTF athletes (out of approx. 8000 total) competed @ National J.O.'s at Hayward Field in Eugene, 16 took 1st place in their events, 2 established new National records in their age groups. Quenton Lanese established new records in both the 1500 & the 3000 for 12 year olds. Kimberly Beard broke her own record in the 16 year old Hammer Throw. We had 61 All-American performances by PNTF athletes.
- B. **Open:** Tony Monroe. Noted the successful Open/Masters meet @ West Seattle Stadium, and reported on the PNTF Open/Masters LDR half-marathon event over Labor Day weekend. Our PNTF Open/Masters XC meet will be held Sun., Nov 5 @ Lincoln Park. PNTF Athletes also performed well at the 2023 PAN AMERICAN U20 CHAMPIONSHIPS (Ref attachment 2).
- C. **MUT:** Trisha Steidl. NACAC 50k race held in Saskatchewan, Canada. PNTF athlete Kristina Randrup took 3rd. Looking to host the National High School Trail Championships for 2024 in the Seattle area sometime next summer.
- D. **Masters:** George Mathews. 123 Athletes competed at a successful PNTF Open/Masters Championships held at West Seattle Stadium, which is more than pre-pandemic meets. Looking at what would be the best scheduling for the meet next year (i.e., July vs. August) to allow for the greatest participation. Noted the equipment container @ West Seattle has been upgraded with a new roof & new locking mechanism.

- E. **Race Walk:** Katie Burnett not present - no report.
- F. **Athletes:** Shartrice & Darwin Peters reported on the Prefontaine meet, and noted that selected young athletes could get a “buddy pass” to be present on the field with an elite athlete, and that their son was one of those selected. A great program to inspire younger athletes to participate in track & field and to promote the sport.
- G. **Coaches:** Kevin Jackson. Noted that there are Zoom online classes available nearly every weekend for Level 1, however no Level 2 or 3 classes scheduled yet - probably will be in the spring. Mark Ruckhouse of King Cobras received a training scholarship this past year, and we generally offer 2 coaching scholarships each year.
- H. **Officials:** Geof Newing. We supported over 70 T&F meets this season @ all levels & we are now working the fall XC season. Noted that our timing & field event measurement equipment is state of the art. We purchased 2 robotic head Total Station EDM units and they performed well this past season. PNTFO changed the live results company to improve our real-time results service to meets. PNTFO will be supporting the last Pac-12 championship XC meet @ Chambers Creek on Oct. 27th. Also stated that the PNTF Association has some of the best officials in the country.
- I. **Officials Training & Certification:** Bob Springer. We have about 90 certified officials within PNTF, with 3 more recently getting promoted to National level. Planning on 4 training seminars for 2024 in the Feb-Mar timeframe. Re-cert for the new Olympiad starts in Aug. 2024.
- J. **SafeSport:** Kenny Emerick has received a hard copy of the governance manual & an electronic version via thumb drive. He will be making copies of the thumb drive to distribute to the clubs. There are also new posters we are being asked to post at USATF meets.
- K. **Communications:** Vacant / No report.
- L. **Associations Admin:** Patti Petesch.
 1. Passed around examples of the new Safe Sport materials to be posted at meets
 2. Discussed importance of staying engaged with National to hold them accountable
 3. Noted that Safe Sport program was initiated due to high profile incidents with Olympic athletes, and has been flowed down to all levels of USATF

III. Business

- A. **Athlete / At-Large Board positions.** These positions are appointed via subcommittee as defined in our bylaws. Paul Kiehn reported that the At-Large positions have been filled for the next term. Carol Coram was not present, however for the Athlete reps we have 1 remaining open position, as Derek Holdsworth accepted one of the 2 open slots. Carol is leading the subcommittee to find 1 more athlete rep.
- B. **USATF Annual Meeting Delegates.** Passed around sign up / contact info sheet for our Annual meeting delegation. Attendees will be reimbursed for the \$275 registration fee + \$800 as an expense stipend out of PNTF funds; however to fully cover airfare & hotel / meals, attendees should expect additional out-of-pocket costs. Patti asked delegates, or anyone interested in joining the delegation, to stay after the meeting to discuss details.
- C. **Awards banquet.** Melita reported that Holly will join her and Andy Newing as the organizing subcommittee. Expect that it will again be held at the Tukwila Embassy Suites early in 2024.
- D. **Membership general comments.** Opened floor for general comments / questions.
- E. **Election of Officers.** Paul Kiehn summarized election procedure according to the by-laws.
 1. Nominating Committee nominated Carol Coram for President, and Melita Aquino to continue for another term as Treasurer. Ron Atkins was nominated for President from the floor. Presentations of qualifications for the 2 candidates for president were made.
 2. Melita re-elected as Treasurer by acclamation, Ron Atkins was elected as President via secret ballot.
 3. The officers for the next term are:
 - i. President – Ron Atkins (2 years left)
 - ii. Vice President – Carol Coram (1 year left)
 - iii. Treasurer – Melita Aquino (2 years left))
 - iv. Secretary – Paul Kiehn (1 year left)

The meeting was adjourned at 2:45 p.m. The next PNTF Board meeting will be via Zoom on Mon., Nov. 20, 2023

Attachments:

- 1) Treasurer Summary
- 2) PNTF notable performances @ Pan-am U20 championships

Respectfully submitted,

Paul Kiehn,

Secretary

USATF Pacific Northwest Association

Attachment 1 - Treasurer Summary - September 2023 status

PNW TF Treasurer Summary – Annual Meeting 2023					
Description	Summary Amount	1/1/23 Starting balance	2023 Transactions	Balance as of 9/17/23	
Checking balance as of 01/01/2023	\$41,558.56	\$13,881.00	(\$13,881.00)	\$0.00	
Total credits	\$47,721.00				
Total debits	(\$43,484.35)				
Checking Ending balance as of 9/17/23:	\$45,795.21				
Savings Ending balance as of 9/17/23:	\$117,119.26				
TOTAL BANK BALANCE:	\$162,914.47				
		Youth:			
		Open:			
		Masters:			
		Officials T&C:			
		Membership 23(11/22-10/23):	\$0.00	\$42,335.00	
		Membership 24(11/23-10/24):	\$0.00	\$0.00	
		Sum:	\$54,512.53	\$15,492.72	
				\$70,005.25	
Checks written not cashed:	\$75.00				
Mastercard outstanding charges:	\$619.60				
Cash Balance:	\$162,219.87				
General Fund Total*		\$92,214.62			
GFT* calculation: Cash Balance less Committee Balances					
Outstanding Checks					
Status	Check #	Amount	Memo	Category	Check recipient
WRITTEN	1339	(\$75.00)	WIAA Room Rental - annual meetin	General	WIAA
more prize checks...					

Attachment 2 - PNTF notable performances @ Pan-am U20 championships

Place	Name	Event	Performance
1	Ethan Coleman	5000m	14:44:58
1	Jaicieonna Gero-Holt	Heptathlon	5463 pts.
2	Ella McRitchie	Pole Vault	4.25m / 13-11¼
3	Grant Buckmiller	400m	46.58
3	Sydney Collier	3000m Steeplechase	11:25.04

<https://pacificnorthwest.usatf.org/events/2023/2023-pan-american-u20-championships>